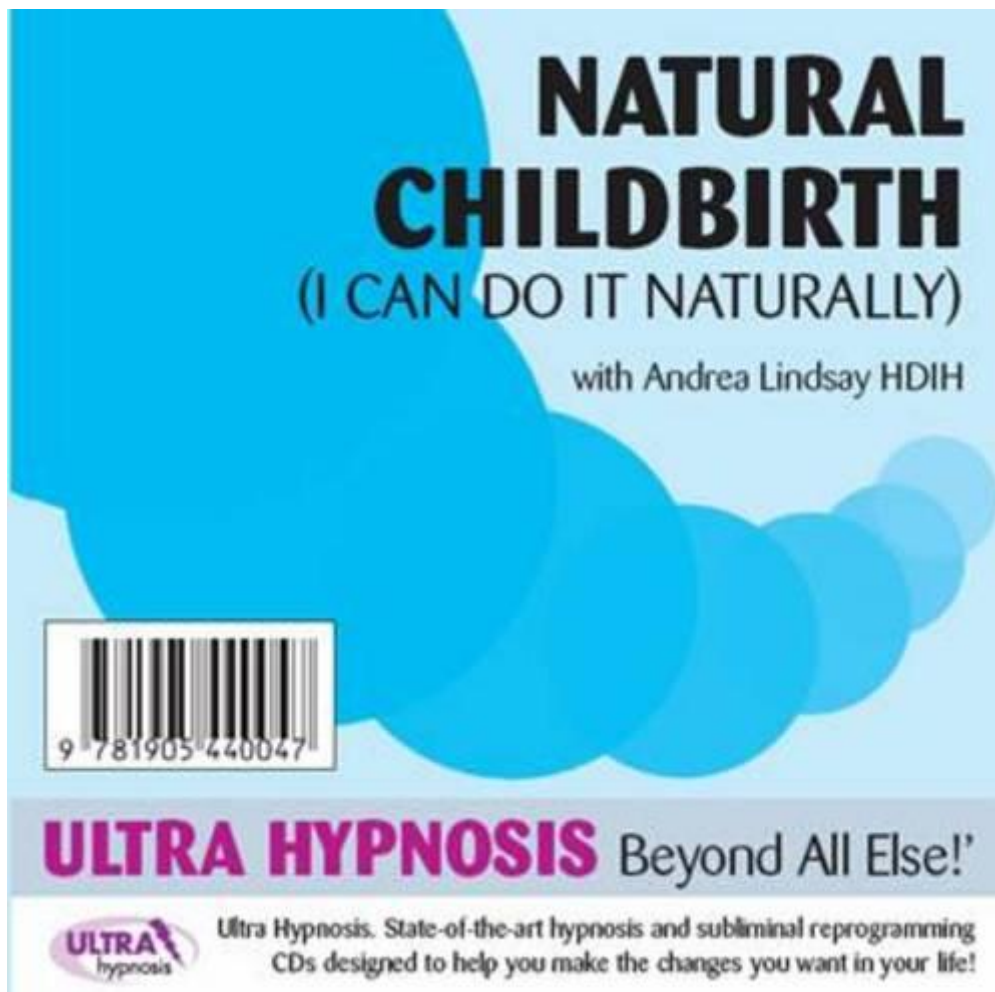


Natural Childbirth



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This Ultra Hypnosis hypnotherapy MP3 download (which includes subliminal suggestions) has been designed to help you to help yourself relax in trance and focus on thinking about enjoying giving birth. Presented by Andrea Lindsay HCIH, HDIH this Ultra Hypnosis hypnotherapy MP3 download incorporates a range of tailored audio effects and hypnotherapy principles to aim to help with the process of giving birth. Andrea has worked with women from all walks of life over the years who have consulted with her for help with childbirth through hypnosis. Andrea Lindsay has appeared a number of times live on the radio demonstrating her hypnotherapy skills. Hypnotherapy has a long track record of being used to help women in the process of childbirth. Andrea is a regular guest on radio (2CR and Fire FM) demonstrating hypnotherapy and she's also a director of Halo Hypnotherapy. To learn more visit [ultrahypnosis](#) (terms and conditions apply.)

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