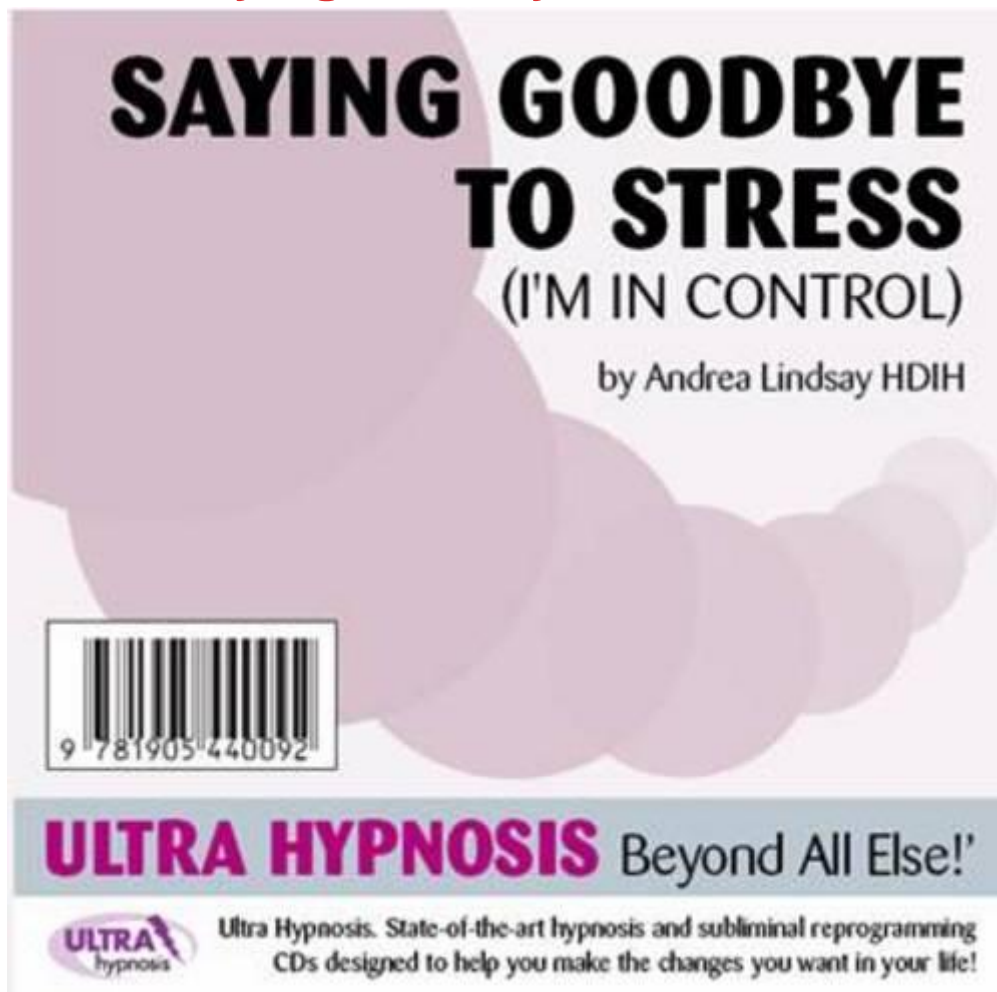


## Saying Goodbye To Stress



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This Ultra Hypnosis hypnotherapy MP3 download (which includes subliminal suggestions) has been designed to help you to help yourself relax in trance and focus on finding relief from stress. Presented by Andrea Lindsay HCIH, HDIH this Ultra Hypnosis hypnotherapy MP3 download incorporates a range of tailored audio effects and hypnotherapy principles to help you as you take action to move beyond stress. Andrea has worked with people from all walks of life over the years who have consulted with her for help to deal with stress. Andrea Lindsay has appeared a number of times live on the radio demonstrating her hypnotherapy skills. Hypnotherapy has a long track record of being used to help people deal with stress. Andrea is a regular guest on radio (2CR and Fire FM) demonstrating hypnotherapy and she's also a director of Halo Hypnotherapy. To learn more visit [ultrahypnosis](#) (terms and conditions apply.)

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