

## Mp3 Amy Fix - Spoon



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Award-winning wise peculiar sapphic/biintimate/gay comedy songs, angelical ditties full of innocence, and raw ballads full of the pain and transformation of overcoming childhood intimate misuse incest. 12 MP3 Songs FOLK: Folk Pop, FOLK: like Joni Spoon Songs Details: The girl next door is queer! New York City's funniest sapphic singer-songwriter with a biintimate plot twist has released a long-awaited debut CD called SPOON. SPOON has won the 2002 Outmusic Award for Best Debut, and the hilarious song "Closet" was nominated for Out Song of the Year! Amy Fix has been electrifying college, folk, and gay audiences for 10 years with her wise sapphic comedy songs, angelical ditties full of innocence, and raw ballads full of the pain and transformation of overcoming childhood intimate misuse and incest. The CD's title track uses a spoon as a metaphor for finding emotionally healthy people, and its innocence has captured the hearts of even the most jaded New Yorkers. "Jennifer Dinoffrio," the irreverent valley girl ode to Jennifer from the 80's teen sitcom 'Square Pegs' is a hilarious crowd pleaser. "Jessie McFadden" depicts Amy's first schoolgirl crush on, well, another schoolgirl, prompting Dirty Linen music magazine to remark that "Fix sketches witty scenes of infatuation..." Amy has played to countless enthusiastic audiences in the queer community including The 2002 Outmusic Awards, Pride For Youth, Long Island Gay And Lesbian Youth, A Day to Be Gay in the Catskills, Gay Alliance of Morris County NJ, New York City's Gay Pride, LBGT student groups at SUNY Binghamton U Mass Amherst, and, while on vacation in the midwest, a gaggle of queer hipsters in Duluth, Minnesota who just happened to be hanging out at the Amazing Grace Bakery Coffeehouse! Amy Fix is an original. Who else would link personal growth with tableware??! Amy has been a keynote speaker/performer at two recent conferences for survivors of incest and childhood intimate misuse. Her incest recovery songs are validating and uplifting for other survivors and help foster healing in her listeners. Her song "48 Hours" has been selected as the

background music for a television program on intimate misuse recovery. "Who Will Hold Me?" is profiled on the MDSA (Mother Daughter Sexual Abuse) website as one of the few songs out there that address mother-daughter incest. "48 Hours" and "You Are My Spoon" were commissioned by NYC's Artichoke Dance Company for their 2002 dance theater work entitled "Dirty Secrets," which features rape intimate misuse survivors telling their stories through dance and movement. Laura Davis, co-author of *The Courage to Heal* describes Amy's CD as, "Wonderful songs of healing and hope from a talented singer/songwriter." Press about Amy Fix: "...this solid debut will create a deserved demand for this polished duo..." -Sing Out! "...a charming debut...sketches witty scenes of infatuation... may she never run out of angelical and warm inspiration for her music." - Dirty Linen "Amy Fix has a clear voice that's not unlike the young Joni Mitchell's..." -Time Out New York "I came across this quirky little white CD cover with a cute girl sitting in a ---spoon? ...and it's been on auto repeat in my CD player ever since." -TechnoDyke.com "Fix...combines the offbeat freshness of a vintage Rickie Lee Jones performance with the squirmily nostalgic humor of a Lynda Barry panel." -Washington City Paper "Amy Fix is a vibrant, daring and unique artist." -Southern Voice "Amy Fix serves up a healthy dose of peculiar folk. When Fix gets serious...she sounds like a queer Suzanne Vega." -Windy City Times "Hip, frank, queer, and set square in the folk/pop groove...Her Nanci Griffith little girl voice captivates you immediately. The subject of incest is dealt with sensitively, passionately, and terrifyingly in 'Who Will Hold Me?' and only goes further to prove that Amy Fix is a writer of unmatched power." -Gay Music Guide "She is truly the most radical of sapphic songwriters: completely unafraid to say things that rarely get said. Her charming manner and angelical voice act as that spoonful of sugar that helps the unabashed truths that she expresses go down. Amy can go from the lightness of "you are my spoon, in a life of forks and knives" to "Mommy, I'll just lie here dead and you will rape my body" and back again without any jarring effect because she gains your trust with her forthright yet quirky ways. She is the voice of childhood terror and delight." - The Slant "...found myself standing on my chair to applaud the eloquently sung 'Closet' admonishment of Amy Fix in which she recites, in cleverly peculiar lyrics, the excuses people have for remaining invisible. Ms. Fix and her collaborators rightfully won several [sic]awards." -Ruby Lips, self-described 'cynical old queen and classical music snob' on her website, KueerKultur.tripod Other Artists say: "Stick around for Amy Fix, she's great!" -Alix Dobkin, legendary sapphic folksinger "Amy does a remarkable job of turning real life experiences - sometimes painful experiences, into well-written songs,

often with a bit of humor. Her "Spoon" song is my favorite. It's angelical, but more than that, it's smartly written both musically and lyrically." -Nedra Johnson, Big Mouth Girl Records Supastah, last seen at the Michigan Women's Music Festival backed by 6 Grrrrls on tuba "Amy Fix is a wondrous breath of fresh air in the folk music world. Bridging the gap between gay and straight, young and old, men and women, her songs are witty, smart, wide-eyed and fun. They're as big-hearted as she calls on her audience to be. I love her stuff." -John McCutcheon, the Duke of Folk "In the interest of honesty, I should stipulate that I mastered "Spoon". It is memorable to me as one of the very few times I have cried during a mastering session. "Amy's songs have an offhand, engaging quality. They run the gamut from zany humorous to gut-wrenchingly disturbing with no apparent effort or wasted motion. She has a clear, elastic voice capable of a freewheeling but nuanced delivery in a variety of styles. "Guitarist Sam Fenster, who provides all the accompaniment on the CD, plays with skill and authority. He always manages to find a tone that complements each song perfectly. Dan Martin's production is spare and to the point. There are few overdubs- most of the songs are simply Ms. Fix being accompanied by Mr. Fenster. On "Spoon" Mr. Martin shows enviable restraint in keeping his production transparent and letting the artists shine. "Listening to a production copy of "Spoon" some months after it had passed through my shop, I found it a very satisfying album to listen to. "Spoon" is one of those rare CD's where all the elements seem to fit and hang in balance." - Jon Gordon, guitarist on Suzanne Vega's 'Luka' "Heavy songs, lighter than air. Dear, queer, and so sincere" -Michael Wrycraft of A Man Called Wrycraft, Graphic Design for Music Venues where Amy has played say: "Amy Fix is a delight." -SUN Music Company, NYC "Amy Fix has her own special way of captivating an audience." -Columbia University's Postcrypt Coffeehouse "[The] warm and enthusiastic response to her...was clear from the heartfelt standing ovation our members gave her." -Incest Awareness Foundation "Amy Fix is a singer/songwriter with a spirited feminist voice who uses her musical and lyrical talents to help survivors heal. She provides hope to other survivors by showing that creativity can emerge out of the chaos of trauma." -Laura Williams, SUNY Stonybrook Wo/men's Center "I confidently and highly recommend Amy to speak with diverse populations ... about her knowledge and experiences as they relate to overcoming intimate trauma." -Terri Clark, professor of Human Sexuality at Marymount Manhattan College and Health Educator at NYC Technical College Amy says: "'Spoon' is a slumber party. After the giggling and gossiping over crushes on classmates at school, the candid sharing starts. Surrounded by the blanket of trust, painful truths can be shared and comforting hugs given. Once

the tears are wiped away, the mood lightens and it's back to the swooning crushes and cracking up over the reality of raging teen hormones. 'Spoon' is the slumber party I wish I'd had, the one where I could come out to my friends as biintimate, and tell them I'd been misused. 'Spoon' is the comfort I've always wanted and the fun I can finally have. It is so delicious to tell the juicy stories of my queer coming of age."

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