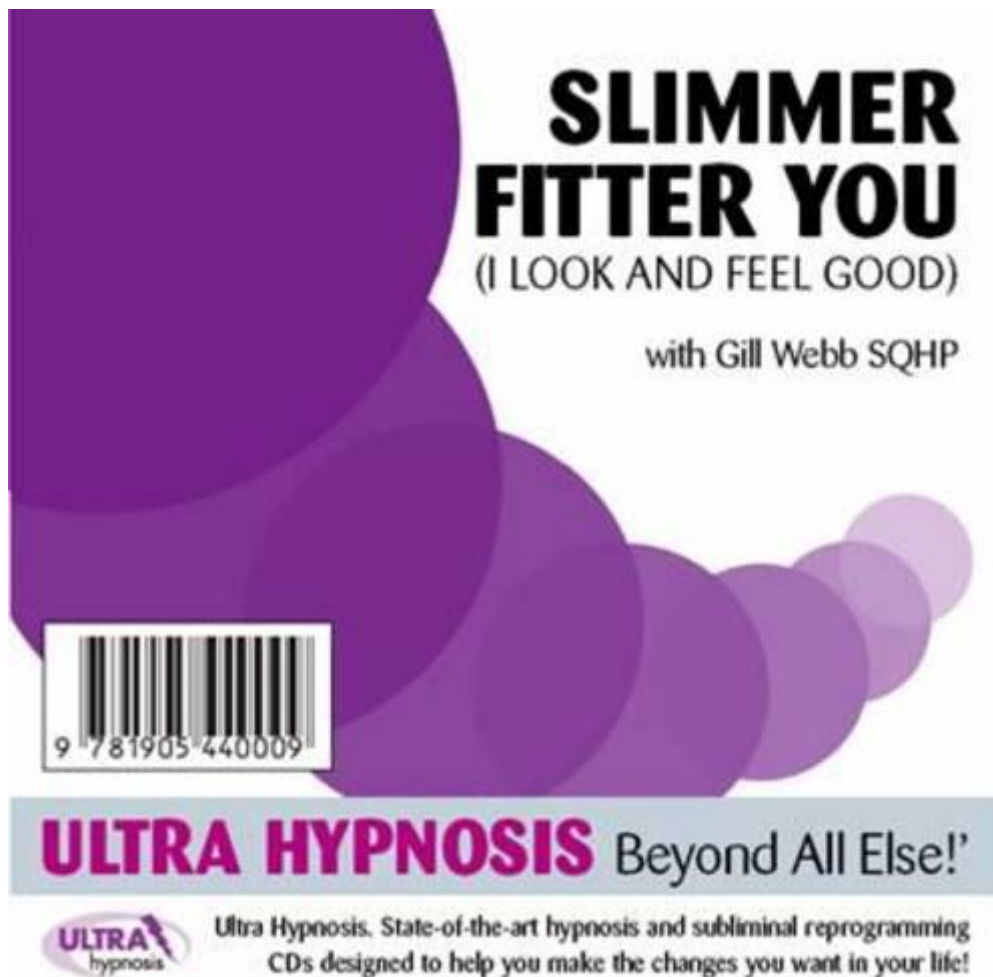


## Slimmer Fitter You



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This Ultra Hypnosis hypnotherapy MP3 download set (which includes subliminal suggestions) has been designed to help you to help yourself relax in trance and focus on starting to lose weight and on becoming slimmer and fitter. Presented by Gill Webb BA, E.Hyp this Ultra Hypnosis hypnotherapy MP3 download incorporates a range of tailored audio effects and hypnotherapy principles to help you as you take action to lose weight and develop a healthy relationship with food. Gill has worked with people from all walks of life over the years who have consulted with her for help to slim. Gill Webb, as a director of the hypnotherapy training company Eos Seminars Ltd, has trained many people to become professional hypnotherapists on the accredited hypnotherapy diploma training course. Hypnotherapy has a long track record of being used to help people to eat in more healthy ways as they diet to lose weight. As a therapist Gill has appeared on TV and been featured in the Sunday Times. She regularly trains professional

hypnotherapists in her role as director at Eos Seminars Ltd. To learn more visit [ultrahypnosis \(terms and conditions apply.\)](#)

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