

# Mp3 Matt Burmeister - Mystical Introspection



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Enchanting melodies dance alongside the soothing sounds of strings for the ultimate in peaceful listening. 10 MP3 Songs NEW AGE: New Age, EASY LISTENING: Mood Music Details: This CD began as a simple expression of my thoughts and feelings one night. I sat in the dark with just one candle lit and let my mood define the music. A lot of what's on this disk was improvised in a single take or two. That's not to say that I'm an incredible virtuoso, just that it came from deep within and it stayed pretty much in it's rawest form. I tend to over-analyze most things that I do and this was just the opposite from the start. I wasn't going to obsess over little things, I just wanted to make the music for what it was...a release. I originally had no intention of making a full CD, the music was just made for my own peace of mind. I later found out that my "release" had touched a lot of other people and helped them find a little bit of peace even if only for a little while. Obviously I now had to finish the project. Since then the CD has been used for everything from yoga to massage to an infant's lullaby. A research facility even inquired about using it for reducing stress in adolescents. Good thing I decided to finish it! I hope that you enjoy it as much as everyone else has. Thanks for stopping by this page. Matt

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