

365 Luncheon Dishes



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JANUARY. 1.--Stewed Breast of Lamb. Cut a breast of lamb into small pieces, season, and stew until tender in enough gravy to cover the meat. Thicken the sauce, flavor with a wine-glass of wine, pile in the centre of a platter and garnish with green peas. 2.--Chicken Creams. Chop and pound 1/2 a lb. of chicken

and 3 ozs. of ham; pass this through a sieve, add 1 oz. of melted butter, 2 well-beaten eggs, and 1/2 a pint of cream, which must be whipped; season with pepper and salt. Mix all lightly together, put into oiled moulds and steam fifteen minutes, or if in one large mould half an hour. 3.--Herring's Roes on Toast. Have rounds of toast buttered and seasoned with salt and pepper, on each piece place 1/2 the soft roe of a herring which has been slightly fried and on the top of this a fried mushroom. Serve very hot. 4.--French Omelet. For a very small omelet beat 2 whole eggs and the yolks of two more until a full spoonful can be taken up. Add 3 tablespoonfuls of water, 1/4 of a teaspoonful of salt, and a dash of pepper, and when well mixed turn into a hot omelet pan, in which a tablespoonful of butter has been melted, lift the edges up carefully and let the uncooked part run under. When all is cooked garnish with parsley. 5.--Cheese Ramequins. Melt 1 oz. of butter, mix with 1/2 oz. of flour, add 1/4 of a pint of milk, stir and cook well. Then beat in the yolks of two eggs, sprinkle in 3 ozs. of grated cheese, add the well-beaten whites of three eggs. Mix in lightly and put in cases. Bake a quarter of an hour. 6.--Scotch Collops. Cut cold roast veal into thin slices, and dust over them a little mace, nutmeg, cayenne, and salt, and fry them in a little butter. Lay on a dish and make a gravy by adding 1 tablespoonful of flour, 1/4 of a pint of water, 1 teaspoonful of anchovy sauce, 1 tablespoonful of lemon juice, 1/4 of a teaspoonful of lemon peel, 3 tablespoonfuls of cream, and 1 of sherry. Let boil up once and pour over the meat. Garnish with lemon and parsley.

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