

Mp3 David Woods - Music To Light Meditation



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New Age Meditation, relaxation 9 MP3 Songs NEW AGE: Meditation, ELECTRONIC: Soundscapes

Details: During the 60's and 70's David Woods worked as a guitarist, arranger, and record producer in New York City. Working for Polydor, Verve Forecast, and Decca Records, Dave worked with artists such as McKendree Spring, Dave Van Ronk, Scott Fagin and Bobby Vinton. His real love, however, was always his teaching, and still is. A 1990's auto accident put Dave out of commission as a guitar player for a while, and that's when he started composing music with the computer, synthesizer, and digital audio. The music Dave writes takes people to the inner sanctuary of peace he finds when he writes it. Dave Woods now runs a small non-profit organization called Music to Light in Poughkeepsie New York. The program teaches inner city kids how to create music using Cakewalk Software, Roland synthesizers, and digital audio. Dave also teaches Jazz and Blues guitar workshops in Green Haven Correctional Facility, a maximum-security prison. It could be said that Dave works both ends of the spectrum. He tries to keep the kids out of jail, and if they get there, he tries to give them something to use when they're released. "Music," he says, "is also a journey within if you're never going to get out." Dave is deeply involved in the social problems of his community, and a lot of his inspiration comes from his work in the street. "South Cherry and Main," was one of the main drug hot spots in his neighborhood for a while. The composition with its improvised guitar solo was written for Kandu, a crippled Viet Nam vet who worked the corner. "The police tag people like Kandu like pigeons hoping to get to someone higher up," Woods says. "After awhile he disappeared. South Cherry and Main' was written in memory of him." Do what you can, while you can, and do it Because it makes your heart sing. If you've had a hard day and you want to hear something that will mellow you out and relax you, the eight compositions on Music To Light Mediation will provide you with the perfect peaceful sanctuary. For more information on Dave Woods, his musical

teaching and his compositions, visit his website @ musictolight.org.

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