

Mp3 Rachel Arieff & The Smileytown Boys - How To Be Happy All The Time



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If you like Sesame Street songs with Dead Milkmen lyrics, you'll love Rachel Arieff. If you like grim singer-songwriters party-line political correctness, then Rachel Arieff will make you upchuck your vegan lasagna. 9 MP3 Songs POP: Quirky, POP: 70's Pop Details: Rachel Arieff is the girl next door who forgot to take her meds. If you'd enjoy the sound of the B-52's singing Sesame Street songs with lyrics by the Dead Milkmen, you'll love Rachel Arieff. If you prefer grim singer-songwriters and party-line political correctness, then Rachel Arieff will make you upchuck your Tofutti all over your Texas. Like every diva with a dodgy past, Rachel believes there's nothing too serious to make fun of. Whether the subjects are teen shooting rampages or teen pregnancy, her songwriting acknowledges the horror in life while making you laugh about it. For instance, "That Guy's Gonna End Up Smacking You Around" is a '50's-style torch song inspired by an abusive ex-boyfriend: "But if he won't sleep with you until you've shaved your mound, that guy might end up smacking you around." Yet it's still catchy and upbeat enough to dance to! WHO IS RACHEL ARIEFF? Rachel's mom gave her classical piano lessons from age five to 12, when Rachel rebelled and insisted on doing gymnastics and listening to Duran Duran instead. After a disastrous college career, Rachel began performing as a standup comedian in Austin, TX at the wonderful indie comedy club The Velveeta Room. Later she moved to NYC and then to LA, where she combined standup comedy with her songwriting and piano skills to create her own form of "Extreme Cabaret" -- a lounge pop act with an edge. Rachel's film and TV credits include the NBC standup show "Late Friday" and the Nickelodeon feature film "Clockstoppers". Besides working in film and TV, in 2003 she hosted her own weekly lounge-variety show in Hollywood, called "Discotown!", which was deemed the best Sunday night comedy show in L.A by the L.A. Weekly. Rachel has now relocated to Spain, where she continues to

write and perform regularly. THE STORY BEHIND THE CD: It all started when Rachel's old New York friend, ERIC RUDNICK , offered to accompany her on drums when she'd play her songs at comedy gigs. Then, Eric introduced Rachel to guitar genius GARNER KNUTSON of THE PIPER DOWNS. Once Rachel and Eric succeeded in prying the multitudes of screaming, hysterical girls off of Garner (a process that took a few months), they got together and started playing the songs from Rachel's one-woman show, "How To Be Happy All the Time". Egged on by their fans, they went into "the studio" with a guy named Dustin whose toilet is next to his bed and recorded the "How to Be Happy All the Time" CD. Guest musicians are hairless hillbilly manchild MICHAEL TODD on washboard and accordion virtuoso "BAD MILK JOE" from the band BREECH. This CD has fans all over the U.S., Great Britain, and Spain. Notable owners of the CD include Cher (referenced in the song "Plastic Surgery Wagon") and Bob Newhart, whose son made him listen to Track 2, "Bob Newhart Love Song". No word yet as to how Daddy responded to the ode, but Rachel hopes and prays that it's not too late for Bob Newhart to marry her and give her the comfortable, carefree life she so deserves. Finally, as a testament to her newfound success, Rachel Arieff now gets approached several times a day by creepy men who want to know if she "likes to party". Critical Praise for Rachel Arieff: "Charming and hilarious, innocent and caustic...Rachel Arieff personifies comedy in its pure state." -Popular1 Magazine, Barcelona, Spain, July 2004 "Slash-and-burn smarts... (Arieff) thinks and writes her sasssing." -Laurie Stone, The Village Voice "The savvy Arieff has touched a chord with her show." -Tom Murrin, Paper Magazine "The whip of the American empire." 2000 Maniacos, October 2003

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