## **Brainwave Therapy - Slim Naturally**

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Scientists have now proven beyond doubt that the contents of our thoughts and feelings have a direct and immediate influence upon our physical being. They have the power to alter our metabolism, how we think, feel and behave. With a shift in attitude you can begin a total transformation that will help you lose all the weight you want and keep it lost --without crazy diets or taking dangerous pills. The key to this transformation lies within your mind. Simply put on your headphones, close your eyes and let Theta waves guide you into a hyper-suggestible hypnotic state where the messages youll hear are absorbed by the subconscious for maximum impact and lasting weight loss. In deep states of relaxation, you are guided to release memories and emotional patterns that have sabotaged your best intentions. Deep-seated behaviors are powerfully changed so that your appetite and self-esteem work in harmony to help eliminate food cravings, and to attain your ideal weight. As negative beliefs dissolve, extra pounds fall away. Youll feel vibrantly alive and full of energy. The results are profound. More Theta Training Benefits: Theta is the ideal state for learning, and unlearning behavior patterns. Theta Training is successfully used in biofeedback training to overcome addictions and for behavior modification.

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