

Mp3 Anthrophobia - Hard By Design



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Nu Metallic with a nod to old school, consecutive in the lead in your confront furious rock with hints of hard-core This is the band's fourth release since 1996. You may have seen them on the 1998 Warped Tour or at a club in your town. 5 MP3 Songs ROCK: Hard Rock, METAL: Alternative Metallic Hard By Design Songs Details: Anthrophobia is truly one of the country's hardest working, uncompromising, original bands slugging it out in the hard rock, nu-metal trenches today. This is a band that has never fallen victim to changing image trends in heavy music, and is proud of its successful, long running existence. However, Anthrophobia isn't dwelling on past achievements, awards, set backs, frustrations or triumphs. Their story creates a deep, rich, history, and readies them, seasoned and primed, to explode the next chapter of their rock and roll epic. Talented musicians formed Anthrophobia as a need for a creative musical outlet. While line-ups may have changed through the years, Anthrophobia has always been about striving to be the best it can, whether it be performing live, writing, or recording. The driving force at the core of the band is still making unique, aggressive, exciting music that they strongly believe in and want everyone with ears to hear. "The band has always been about creating great emotional, honest, from-the-gut heavy music. We have never relied on band wagoning or gimmicks. We are very fortunate to have been able to connect with people all over the country. I think our fans (new and old) appreciate our consecutive up, in your face approach "states band leader, vocalist, and founding member Frank Phobia. In addition to providing the growling voice and subversive lyrics to Anthrophobia, Frank has become a workhorse in the regional music scene. He has become a well-respected and established concert promoter, booking national and local acts for clubs in his area. Frank has a growing list of projects he has produced in the recording studio setting for local/regional bands. He still writes for regional music magazines, and has produced/co hosted a music TV show in the band's hometown, Reading, Pa. His

newest venture is co-owner of drp records, an independent record label, formed to help regional acts grow and reach their potential. However, at the center of his musical world is his dedication and love for all that is... Anthrophobia. Starting all the way back in 1993 after a few years of growing pains and experimentation, Anthrophobia began to focus. A series of 7-inch singles were released including Candy Coated Voodoo. Suzi Gardner of L7 added some vocals to the song, and gave Phobia their first dose of national college radio play. The band's exposure grew as they gained a reputation as a great live act playing shows regionally. 1994 -1995 saw the band working hard touring as a headliner and as an opening act for many popular and diverse national acts such as L7, Bad Brains, Biohazard, and Jawbox. The Highlight of 94-95 was, without question, Anthrophobia winning the "Best Hard Rock/Thrash(!?!)" award two years in a row at the Delaware Valley Music Awards. Anthrophobia signed to Mausoleum/BMG in May of 1996, and quickly released the CD EP "Framework". The EP contained the college radio hit "Wreck Me" which entered CMJ, Gavin, and HITS! with the number one most added track in August of 1996. The band set out on mini tours as they wrote and recorded the full length CD, Pulse, which was released in March 1997 on Oxygen Records/BMG. The band toured up and down the east coast constantly to support the powerful, melodic metal edged disc. Anthrophobia began to slowly grab the attention of metal, punk, and alternative music fans as they opened for an eclectic array of bands. Active rock radio in over 15 markets spun Pulse's first single, "Perfection". The long hard year of touring built a good foundation as the band further defined their identity. In 1998 the band joined forces with manager, Jim Hayek of ESP, Inc. (now at Pure Talent). His relentless drive and determination soon paid off as the band reached new heights supporting the Pulse CD. Anthrophobia hit the road with the unlikely pairing of metal veterans Savatage, followed by the Vans-Warped tour (headlined by Bad Religion, Deftones, Rancid, and the Mighty Mighty Bosstones). "Vanishing," the second single off of Pulse stayed on the active rock radio charts for over four months. The band capitalized on this exposure, performing at radio festival shows along side Sevendust, Clutch, Anthrax, Life Of Agony and others. More one-off shows with heavy weights like Incubus, Godsmack, Reveille, and Jimmy's Chicken Shack rounded out the year. Anthrophobia teamed with Oxygen Snowboards for the "Exothermic Bliss" promotion for the end of 1998, early 1999 extreme sports winter season. Over 10,000 snowboard buyers received the CD-ROM, which featured video games, videos and music of Anthrophobia. 'Phobia buzz was building as the guys were ready to enter the studio to record the follow-up to Pulse. Unfortunately, growing frustrations, setbacks

and problems with Oxygen Records ended after six months of struggle, and the band was finally granted a release from their contract. "In the Zero to 3 Movement" was immediately recorded in April-June on 1999. The crushing heavy, frenzied, nu-metal, emotional roller coaster ride was released on Philadelphia based indie label 215 records in Fall of 1999. Feedback from fans and industry types raved about the ode to Christina, "Ricci", the epic "Rub the Buddha", and the infectious " Gathering Dust". The CD was a true return to it's D.I.Y marketing, as the band moved over 2,500 copies, sold consecutive to the band's fan base at shows, on the web, and a few select retail outlets. Fans raved, calling it Anthrophobia's best work to date, and fueling the 'Phobia fires for another crack at a larger scale assault of the masses. January 2002 brings the release of the exciting 5 song CD "Hard By Design" on drp records. With this effort Anthrophobia has once eclipsed its previous release. With a keen knack for songwriting, evident in the first single "Head Gear", coupled with an unparalleled uniqueness, Anthrophobia once again has positioned themselves as pioneers of Nu-Metallic. Look for the band everywhere, whether it is performing live, regional press, radio, and Internet music outlets.

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