## **Mp3 Craig Lieberman - Quiet Of Your Mind**



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Quiet Solo Piano Music terrific for relaxation, helping babies fall asleep, or work stress relief. 9 MP3 Songs NEW AGE: Meditation, EASY LISTENING: Background Music Details: Craig Lieberman, started playing piano and taking piano instruction at the age of 6 (Thank you Mrs Bloom). He Graduated from University of Illinois in 1983 with a BS in Aeronautical and Astronautical Engineering (Yes he is a rocket scientist). Breaking out of the Engineering Role, Craig published his first CD, Quiet of Your Mind in 1999, Raising over \$3000 for Parkinson's Disease Research. "Quiet of Your Mind" is a great Christmas Gift, a great gift for those who need to find peace (new parents, the elderly, those having trouble sleeping, etc.) His second CD - Reflections From The Heart makes its debut with soaring sales locally in Wisconsin. A triumphant 2nd album, reflections continues the tradition established with Quiet of Your Mind, expanding on and bringing more texture to Craig's sensitive playing. All of Craig's music starts with poetry. Craig creates the poetry first for all of his music, then writes the song to fit the poem. The poetry is included in the liner notes for your enjoyment. The words are not sung on the CD to allow the listener to not be caught by the words themselves. Instead, the spirit of the poem is transmitted by the touch and silence between the notes. Craig's CDs are NOT for driving late at night. They are great for new parents who need to help the baby get to sleep. They are great music to help with the spiritual or internal healing when someone is in pain.

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