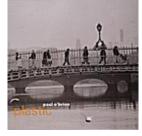
Mp3 Paul O'brien - Plastic



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OBrien has an eclectic folk style that is broadly appealing and not easily categorized. In the space of one song, he can take his audience from foot stomping energy to the absolute stillness of choked-back tears. 11 MP3 Songs in this album (44:55) ! Related styles: FOLK: Modern Folk, FOLK: Folk Pop Details: Paul OBrien, Singer Songwriter At the age of 38, after spending his entire adult life as a touring musician based in the UK, Paul OBrien turned off and checked out, moving with his family to Canadas Pacific Northwest. He planned to leave his musical instruments behind, but packed them anyway. Before his move to BC in 2004, OBrien made his living as a musician in the UK from the age of sixteen, playing everything from pub gigs to folk festivals, folk clubs and private concerts in the UK, Europe and the Middle East. In the steady round of engagements, he left himself little time to create and produce his own work. Eventually, feeling creatively stifled and desperately unhappy as a musician, he left the UK for a fresh start in more conventional employment. He came to Canada to be a classroom teacher and for awhile, he was. But the gifted songwriter thrashing around inside him wanted OUT. Canada itself, and the immigration experience, created a tectonic shift in OBrien, unleashing a creative energy he had long suppressed. While teaching full time, OBrien produced two CDs of original material which met with overwhelmingly positive response. He quickly connected with well-known professional folk musicians in the Pacific Northwest, and has collaborated with them on their own albums. His full-time teaching job became a part-time teaching job, and then he left teaching entirely to develop his career as singer-songwriter. He is about to release Plastic, his third CD of original material. OBrien has a great deal to say, not only about his own experiences which are pretty universal, but also about Canada, which he describes as an incredible country with a past and present full of stories to tell through his songs. He is a songwriter with deep roots and broad horizons. An English-born child of Irish immigrants, he cut his teeth

on Irish music. In the long tradition of folk / roots artists everywhere, OBrien helps keep his musical roots alive by teaching guitar, mandolin and bodhran (the traditional Irish drum). In fact, he is a virtuosic bodhran player, and will sometimes treat the audience to a hypnotic interlude of drumming. But almost from the beginning of his career, while still a teenager, he listened to very diverse material everything from new English folk to reggae. He had his own reggae band which was heavily influenced by UB40 and The Beat. Even back then, he didnt colour inside the lines. A natural story teller, OBrien has developed an eclectic folk style that is broadly appealing and not easily categorized. His musical roots, his experiences as an immigrant, musician and teacher, his natural instinct for humour and storytelling, and his empathy for the underdog have combined to produce an insightful and entertaining artist. Paul OBriens concerts are dynamic affairs, and his connection with the audience is palpable. No room is too large or too small for him. In the space of one song, he can take his audience from foot stomping energy to the absolute stillness of choked-back tears. Its hard to get him off the stage. Though his return to music was perhaps inevitable, OBrien the singer-songwriter is older, wiser and more careful with his creative gifts than he was during his UK career. Top priority is creating and performing his own material, and collaborating with other professional singer-songwriters working in the broader folk genre. He now actively seeks audiences who come specifically to hear singer songwriters. His own recordings are engineered to the highest commercial standards: Plastic was produced by Juno nominated artist Joby Baker. There are concerts lined up, including a folk festival in the Queen Charlottes this summer, and OBrien has a 20 date tour in the UK for Feb 2009. With dates to follow for Germany.

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