

Mp3 Dr. Julie Trudeau - The Living Riches Of The Wealth Of Harmony



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Musical tempo can create different brain wave states. drjulietrudeau Studio of the Soul Light Song's 7 THEME songs are designed at 7 tempos to create 7 various brain wave states of consciousness from BETA to THETA. Spoken word + background music 7 MP3 Songs SPOKEN WORD: With Music, NEW AGE: Healing Details: musical stress management solution The Studio's 7 THEME songs are all designed at 7 various tempos for 7 different brain wave states of consciousness from BETA to THETA. Please enjoy our light hearted musical mottos messages of goodwill use these songs to practice joyously peaceful patience if it goes astray. Play these songs often to flex your "inner - joyously peaceful patience muscles" may they grow strong and flexible with what the gift of each day brings. Where there is a celebration, there is music. Where there is music, there is joy. The simplicity of music therapy to create joy or other moods is one of the easiest ways of controlling the mood of yourself, of a party, of a nightclub or of a concert. Musical tempo can create different brain wave states from increased energy to calmness, to relaxation to the higher genius states of super memory and accelerated learning. One of the greatest challenges in Life, as Human Beings, is to gracefully direct our energy levels at particular times of our artificial 24 hour cycle, we call a day. How to get ourselves motivated to feel awake accomplish conscious activity, then relax ourselves to regroup sleep, as well as the awareness states in between, to achieve the levels of knowing, bodily ease learning memory, without too much artificial help is the daily challenge we all face. Use musical therapy as a guide to tempos which create desired energy or relaxation levels, without side effects, in order easily manage, the graceful ebb flow, of the daily awareness spectrum of wakefulness, relaxation learning memory you require at the time. These songs are designed to increase the graceful harmony within the individual, through the awareness of joyously

peaceful patience, so the individual may have the privilege of creating more constant graceful harmony in their personal daily life, to enable them to share graceful harmony with others our environment. Enjoy these songs at whatever style you choose to maintain the bubbling, of joyously peaceful patience, within the fullness of the self in your daily life.

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