

# Mp3 Entrain - No Matter What



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en-train ( en-tran ) v. 1. a physiological mechanism that reaches out to mimic or reunite with a greater pulse than their own. 2. the exploration of external rhythms on the nervous system. 3. to collect and transport an audience by the flow of rhythms

13 MP3 Songs WORLD: World Fusion, ROCK: Jam-band

Details: RADIO STATIONS NOW PLAYING ENTRAIN WRNX-Springfield, MA -wrnx- 413-536-1009 WRSI-Northampton, MA -939theriver.com-413-586-8939 WUKY-Lexington, KY - uky.edu-859=257-9600 WVOD-Manteo, NC-wvod.com, 252-473-9863 WNKU - Highland Heights, KY - nku.org-859-572-7897 WRLT - Nashville, TN wrlt 615-777-L1000 KFMU-Steamboat Springs, CO kfmu , 970-879-5368 KROK-DeRidder/Leesville, LA krok 337-463-9292 KUNC-Greely, CO kunckunc.org 800-321-5862 KSPN- Aspen, CO - kspnradio.com 970-925-1997 WRNR - Annapolis/Baltimore, MD wrnr 410-269-1031 WLPW - Lake Placid, NY radiolakeplacid.com KRSH - Santa Rosa, CA krsh.com/ 707-588-9999 WXRV - Boston, Haverhill, MA 92.5theriver.com/ 800-352-9250 KTAO - Taos, NM - ktao.com/ 505-758-8882 KBAC - Santa Fe, NM kbac.com/ 505-988-KBAC WEBK - Killington, VT webk.com/ main # 802-422-3156 WRNX - Springfield, MA wrnx.com/ 413-536-1009 WXPB - Philadelphia, PA xpb.org/homepage.html 215-573-WXPB WYEP - Pittsburgh, PA wyep.org/ 412-381-9900 WMVY in Martha's Vineyard: mvyradio.com/ 508-693-4994 KROK in Leesville, LA krok.com/ 337-463-9292 WSMU in Dartmouth, MA WSMU 508-999-8150 WCIB in Hyannis, MA 508-778-2888 WBOS in Boston, MA wbos 617-931-1111 WAPS -Akron, OH 913thesummit.com - 330-761-WAPS WBJB-Monmought, NJ wbjb - 732-224-2252 WCBE-Columbus, Ohio - wcbe.org-614-821-9223 WNCS-Burlington, VT pointfm 802-FM-POINT KAFM-Grand Junction CO 970-241-8801 kafmradio.org KDNK-Carbondale CO 970-963-0139 kdnk.org KMUD-Redway CA 707-923-2513 kmud.org KSMF-Ashland OR 541-552-6301 WDBK-Blackwood NJ 856-227-7200 WERU-E.Orland ME 207-469-6600 weru.org KDHX-St Louis MO 314-664-3955 kdhx.org

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WDBX-Carbondale IL 618-457-3691 WERU1-Daytona Beach FL 386-226-7056 2/20/2005 Sylvania light bulbs is now launching a new, year long ad campaign for the new "Daylight Style" line of bulbs and has chosen Entrain's "Dancing In The Light" as the theme music for the television commercial. Entrain was chosen from a huge field of artists and is excited to be showcasing its most requested identifiable song in a national campaign. The commercial debuted on Thanksgiving Day during the Macy's Thanksgiving Parade and the football games. It started running on a continuous basis during this past holiday season. For Entrain's latest release, Rise Up: Live, Vol. 1: "From the rich percussive grooves of the short opener "Mo Drums," this live set from the Martha's Vineyard-based sextet positively exudes energy and good vibes. The band has a big joyous sound that reflects its underlying flair as reggae, Latin and African rhythms find their way into a myriad of textures. Strong hooks are laced with great vocals and crisp guitar work but it's the band's rhythmic power and vocals that are its strong points. They demonstrate this in the 11-minute "Mother Street," which begins with an almost Bo Diddley beat before sauntering off into more complex textures. Other standouts on this vibrant album are the fast-paced "Dancing in the Light" and the infectious title cut with its jazz-meets-reggae groove." - Mick Skidmore, Relix Magazine Tom Major-Tom has been playing drums since age five. As the son of jazz drummer Bill Major, music was an integral part his early childhood development. While attending the Berklee College of Music in Boston, Tom had the opportunity to study with Gary Chafee, and made Boston his home while freelance drumming with many people in every style of music, from Jazz to Reggae, most notably The Poussette-Dart Band, the James Montgomery Band. Moving back to N.Y., he settled in Manhattan, playing, touring and recording with many diverse artists such as Southside Johnny and the Jukes from 1989-1992, touring the U.S. and Europe. Tom then joined up with Rock n' Roll Legend Bo Diddley, touring the U.S., Europe, South America and the Far East, as well as playing many T.V. appearances including "Live at the Apollo," "The Conan O'Brien Show," "The Today Show," "Good Morning America" and England's premier music show, "The Jules Holland Show." Tom is the featured drummer on Bo Diddley's 40th anniversary album, "A Man Amongst Men," along with Mark Knopfler, Keith Richards, Ron Wood, Richie Sambura, Johnny Johnson and Johnny Guitar Watson. Other performance credits include gigs with Blood Sweat and Tears, Chuck Berry, Mick Taylor and Popa Chubby. In 1993, Tom founded Entrain. After returning from West Africa and his head filled with tribal beats, his original concept was even more firmly rooted in merging heavily

percussive World Rhythm's with pop song writing. Tom is a Vic Firth and Rhythm Tech Endorsee since 1986. Sam Holmstock-Born just outside of Atlantic City, Sam's musical development included developing and working with an Afro-Latin folkloric drumming ensemble called Die Kunst Der Drum for many years. He also helped form regional world beat/jam band The Ululators. The nexus of all his musical training and exploration would be the advent of Entrain. Alex Howland-Alex began his love affair with music when he was drawn to the piano at the age of five. His growing passion and hunger for music led Alex to full-time study at Berklee College of Music in Boston. While there, he immersed himself in a variety of subjects including songwriting, arranging, music synthesis and music business. Since then, Alex has been a key figure in Boston area original and cover groups The Candles, Another Planet, Windsong and Hush. As a multi-instrumentalist and singer/songwriter, Alex has enjoyed constant performing experience for most of his life, sharing the stage with such notables as Charlie Daniels Band, Jerry Garcia Band, members of The Allman Brothers Band, The Black Crowes and others.

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