

## For Help By Add And Adhd Audio-stimulation Mp3 Binaural



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Binaural Beats Beats with Warm Ambient Music (10 Hz - 16 Hz (Alpha/Beta), Length: 25 Minutes, File Size: 34.3 MB) This session stimulates Alpha, SMR in the right brain hemisphere and Alpha, Beta in the left. It is based on the ADD research of Michael Joyce, David Siever, John Carter and Harold Russell. Do not be surprised if you fall asleep listening to this session. That is a common response people with ADD will have, despite it incorporating beta stimulation. Single User License Disclaimer: This Audio mp3 is not intended to treat or cure any physical or mental disease, nor should any of the subject matter on the site be taken as medical advice. If you are prone to epileptic type events, schizophrenia, pregnant, wearing a pacemaker, prone to seizures, or under the influence of medication or drugs or alcohol, it is best not to listen to brainwave mp3's or cd's and/or you should consult with a licensed medical professional before listening to any of the mp3's or cd's. This is worth repeating, it is highly recommended that you don't listen to the sessions while under the influence of alcohol or other mood altering substances, or medication. Under no circumstances should you drive a car or operate potentially dangerous machinery while listening to the sessions. Children under the age of 18 are to be examined by a physician for epilepsy or

illnesses that may contribute to seizures prior to the use of any sessions, as they are more susceptible to seizures.

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