

## Mp3 Trina Willard - Belt



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Spiritual, political, emotional, and fun. This album has a cappella harmonies, rockin' blues, old time country, and even samba rhythm. Eclectic, beautiful, and intimate, Belt will inspire you to live from your heart. 8 MP3 Songs FOLK: Modern Folk, COUNTRY: Country Folk Details: I don't have any say about what comes out of me; I write what I'm inspired to write... I wake up every morning and thank God for how incredibly blessed I am, how rich my life is, how beautiful the Earth is, how supportive and loving my friends are, and I ask that I can be allowed to share that joy and love with others... My folks divorced when I was little, and things were rough for a while, but there was always music. I got pregnant young and, again, things were rough for a while, and for a while, I lost my sense of music... I was searching, searching, searching for my reason for living. My children are beautiful and amazing, but being a mother is only part of my calling and I felt the emptiness of being out of touch with myself. Thankfully, I remembered to FOLLOW MY BLISS! and remembered, rediscovered, the things that make me feel alive! Thankfully, the music came back with the force of a lake busting through a dam. Thankfully, I've come to understand that it's all in me, all the potential for joy and pain and fulfillment and darkness and love and light and peace. Thankfully, I've learned that the joy is in the journey and I choose which way I'm going. I'm so grateful for the Grace that taught me these lessons and I want so much to inspire others to look within and find their power, to find their Divinity and create their destiny. It gives me so much joy to help people remember to feel, to want, to dream, to LIVE, to LOVE.

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