

The Mediterranean Diabetes Cookbook - Amy Riolo

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2011 NAUTILUS SILVER AWARD WINNER! Diabetic Mediterranean recipes - fabulous for people with type 2 diabetes. Rich in lean meats, healthy fiber, omega-3 fatty acids and antioxidants! Author: Riolo, Amy Publisher: American Diabetes Association Illustration: N Language: ENG Title: The Mediterranean Diabetes Cookbook Pages: 00316 (Encrypted EPUB) On Sale: 2012-02-29 SKU-13/ISBN: 9781580403122 Category: Cooking : Health & Healing - Diabetic & Sugar Free Category: Health & Fitness : Diseases - Diabetes Category: Cooking : Regional & Ethnic - Mediterranean

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