

Bread Recipes

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100% Crunch Bread

Serving Size : 1 Preparation Time :0:00

Categories : Abm

Amount Measure Ingredient -- Preparation Method

-----1 POUND LOAF-----

3/4 cup Water -- plus

1 tablespoon Water

2 cups Wheat flour

1 teaspoon Salt

4 teaspoons Honey

4 teaspoons Molasses

2 teaspoons Gluten

4 teaspoons Olive oil

1/2 cup Seeds (any kind)

2 teaspoons Yeast (active dry)

Follow manufacturers directions.

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100% Stone Ground Whole Wheat Bread

Recipe By :

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