

Energetic Bodywork: Practical Techniques - Rita J. Mcnamara

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If you want to go beyond physical and massage therapy to include working with the chakra system, meridians, and vibrational therapies, this is the book to get you started. Covers assessment techniques and the use of acupuncture, massage, crystals, aromatherapy, homeopathy and to correct the imbalances in the body that result from emotional and physical issues and trauma. Illustrated. Appendix. Index. Author: McNamara, Rita J. Publisher: Weiser Books Illustration: N Language: ENG Title: Energetic Bodywork: Practical Techniques Pages: 00208 (Encrypted EPUB) On Sale: 1998-09-01 SKU-13/ISBN: 9781578630332 Lib Category: Healing Lib Category: Chakras Category: Health & Fitness : Massage & Reflexotherapy Category: Health & Fitness : Alternative Therapies Category: Body, Mind & Spirit : Healing - Energy (Qigong, Reiki, Polar

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