

Mp3 Peter Blum - Singing Bowls And One



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A remarkable and innovative combination of the haunting and mysterious sounds of the singing bowls combined with improvisations from world class artists in the realms of jazz, new music, Indian classical, etc. provide dazzling soundscapes. 17 MP3 Songs NEW AGE: Meditation, JAZZ: Free Jazz Details: The son of an operatic baritone, Peter Blum has been involved in studying and performing music all of his life. In addition, since the mid-eighties he had a practice in medical and clinical hypnosis and has been an Instructor in hypnosis for the Nat'l Guild of Hypnotists. The overlap of these two interests led to extended study of the effects of sound and music on mind and body for healing and creativity. After studying Indian classical music (sitar), African drumming, and extended vocal techniques, Peter became increasingly fascinated with the mysterious sounds of the ancient Himalayan "singing bowls". In 1999 Blum released the first four CD's in his Sounds for Healing series. Primarily featuring singing bowls and spoken words, they were conceived as an adjunct or support for pre and post-surgical healing, emotional detox and centering, and meditative practices. It soon became clear that the two purely instrumental recordings (Vols II and IV) were also being used by massage therapists, acupuncturists, reiki practitioners and yoga students as a perfect background for their respective work. This was followed in 2002 by "The Everchanging Present" featuring members of performance group Pulse Field (David Budd, digeridoo, doumbek and misc. percussion; Naaz Hosseini, vocals) and Peter Blum on an array of 40 Himalayan singing bowls, djembe, cedar flute, tamboura, and Mongolian-style overtone singing. "Singing Bowls and One" represents the realization of a long-held dream: inviting marvelous musicians from different cultures mixes to improvise a series of duets with the singing bowls. Featured musicians include Downbeat poll winner Karl Berger, Indian classical flute maestro Steve Gorn, avant-garde jazz sax and brass player Joe McPhee, New Music accordion virtuoso Pauline Oliveros, and Renewalist Cantor Robert Esformes. The

music - some instrumental, some vocal, and a spoken poem - represent such a wide and eclectic range that it is extremely difficult to categorize the result except to say that it is extraordinary. Grammy award winning engineer Malcolm Cecil did the mixing and mastering for "Singing Bowls and One."

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