## Mp3 Swingset Mamas - Music For The Whole Family



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2006 IParenting Awards Winners - The Swingset Mamas take the rythyms of everyday life and playfully weave them into song for kids and parents of ALL ages to enjoy. These fun and catchy tunes range from reggae to zydeco, blues to hip-hop, folk and more. 11 MP3 Songs KIDS/FAMILY: General Children's Music, FOLK: Folk Blues Details: Lizzie and Marlowe kindled their friendship singing into the night over a campfire on the beach in Montauk, NY. Marlowe, a classically trained pianist, and Lizzie, a creative arts therapist and rock musician, connected over a belief in the POWER OF MUSIC. In 1999, both women became mothers and shared with each other the songs they wrote to soothe their newborns. It was then that The Swingset Mamas was conceived. The first songs were inspired by the rhythm and realities of everyday life. A baby's first words and steps, new family roles, growth, frustration and separation were translated into kitchen dance songs and naptime lullabies. From the bluesy, "When Daddy comes home" to the Calypso-infused "Colors of the Rainbow"; the Mamas' songs tap into the most fundamental joys and struggles of parents and their children. The success of the first collection took Lizzie and Marlowe by surprise. Requests for their music came not only from children and their mothers, but also from fathers, grandparents, schools, Mom's clubs and Community Centers. The songs kept coming, inspired by new children and new life phases. The Mamas realized that writing these songs not only satisfied them as musicians, but also filled a need for creative parenting tools. Common care-giving dilemmas such as buckling kids into seatbelts or applying sunscreen lotion can become less stressful for parents and children with MUSICAL SOLUTIONS. In 2005, Lizzie and Marlowe formed Musicalicious L.L.C., a company whose mission is to provide accessible family-oriented music for all age groups to enjoy together. A musical DVD will be available for Winter 2006/Spring 2007. News of the Swingset Mamas is being spread on playgrounds and in preschools. Groups as diverse as the La Leche League, Texas

Children's Hospital and the Stamford Museum and Nature Center have invited the Mamas to perform live and share their musical folk wisdom. There's a song in everything! Let the music of the Swingset Mamas help you uncover the music in the day-to-day life of YOUR family and community.

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