

Tao Of Jeet Kune Do: New Expanded Edition - Bruce Lee

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Compiled from Bruce Lees notes and essays and originally published in 1975, Tao of Jeet Kune Do is the best-selling martial arts book in the world. This iconic work explains the science and philosophy behind jeet kune do the art Lee invented and includes hundreds of Lees illustrations. Topics include Zen and enlightenment, kicking, striking, grappling, and footwork. With introductions by Linda Lee and editor Gilbert Johnson, Tao of Jeet Kune Do is essential reading for any practitioner and offers a brief glimpse into the mind of one of the worlds greatest martial artists. Author: Lee, Bruce Publisher: Black Belt Communications Illustration: Y Language: ENG Title: Tao of Jeet Kune Do: New Expanded Edition Pages: 00208 (Encrypted EPUB) On Sale: 1975-10-01 SKU-13/ISBN: 9780897500487 Category: Sports & Recreation : Martial Arts & Self-Defense

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