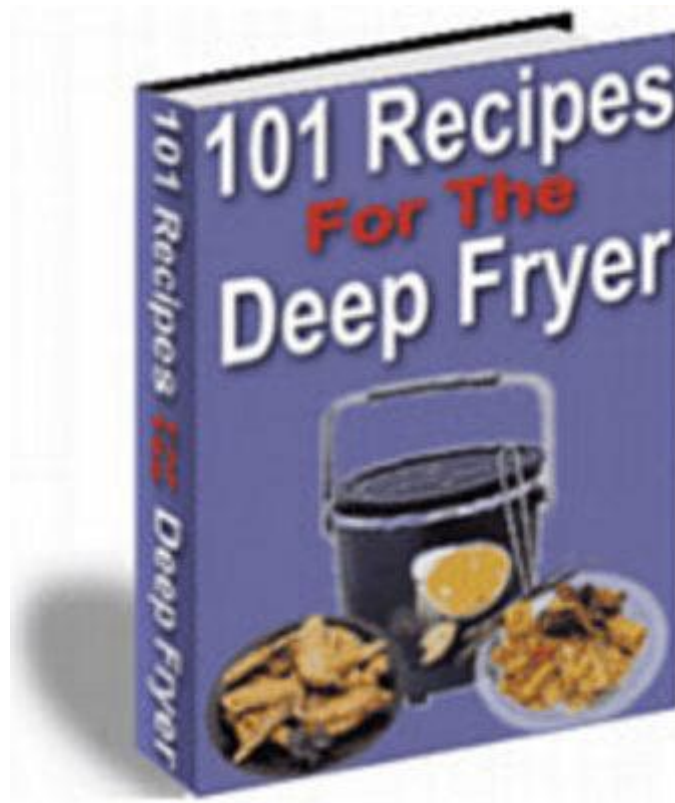


101 Recipes For The Deep Fryer



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Prepare yourself for the ultimate taste treat! Throw aside that diet book and join the hot craze that is deep-frying! 101 Recipes For The Deep Fryer will acquaint you with great recipes for cooking in a deep fryer. The high cooking temperature of deep frying seals in flavor and texture and seals out extra fat, resulting in juicy, succulent meats, crunchy vegetables, and satisfying breads and desserts. In 101 Recipes For The Deep Fryer you are sure to find a recipe that will have you deep frying all the time! Heres Just One Of The Recipes Included: Deep Fryer Sopaipillas vegetable oil 1 cup all purpose flour 1/2 tsp. salt 1/2 tsp. baking powder 1-1/2 tsp. nonfat dry milk 1 tsp. vegetable shortening 1/2 cup cold water Heat oil in an electric deep fryer to 370F - 380F. Combine flour and next 4 ingredients in a food processor and pulse 3-4 times. With machine running, pour in water through feed tube and process about 15 seconds, or until ingredients begin to come together. Transfer mixture to a lightly floured work surface and mix by hand, adding more flour as needed, to make a soft dough. Roll into a circle about 1/8 inch thick and cut each circle into 12 wedges. Add 2 or 3 at a time to fry basket. Lower into hot oil and fry 5-7 minutes, turning several times, until golden. Drain on absorbent paper and repeat with remaining

sopaipillas. Serve with honey, syrup, guacamole or salsa

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