

# Mp3 Paul Baker - Celtic Harp: The Quiet Path



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This peaceful Celtic harp and cello music, tuned to the chakras, is ideal for meditation, massage, relaxation and the perfect antidote to road rage. 10 MP3 Songs NEW AGE: Celtic New Age, NEW AGE: Meditation Show all album songs: Celtic Harp: the Quiet Path Songs Details: Paul Baker grew up in Seattle, Washington where he studied piano, organ and concert harp. He attended the University of Southern California where he received his Master of Music degree. His connection to the touch and special sound of the Celtic harp has inspired three CDs: The Tranquil Harp, The Ladder of the Soul, and The Quiet Path. Twice a prizewinner in the International Pop and Jazz Harp Competition, he has published 20 arrangements of American standard songs arranged for solo harp. The group Pastiche premiered his arrangements for flute, harp and voice, A Gershwin Sampler, and Seven Popular Spanish Songs at Carnegie Hall. Mr. Baker teaches and plays the concert and Celtic harp in orchestras, theatrical productions and concerts throughout the United States. The Quiet Path offers compositions and improvisations by harpist Paul Baker in keys corresponding to the body's energy centers (chakras). Four of these songs weave together the resonance of the Celtic harp with the sonority of the cello in the key related to the heart chakra to evoke the heart energy. The sound of these resonant melodies binds, instructs and guides the unfolding of all the other chakras with the heart as the central guiding theme. The music is played at a slow steady pulse to lead the brain into the alpha state where the mind, body and spirit relax, reorganize and rejuvenate. This peaceful music creates a perfect environment for healing and transformation.

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