

Mp3 Jon Dichter And Marc Berner - Wind And Strings For Yoga



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Music to facilitate Yoga practice, Meditation, and Healing. 6 MP3 Songs NEW AGE: Healing, WORLD: World Traditions Details: Wind and Strings for Yoga is a follow up CD of Jon Dichter's Bowed Guitar for Yoga. This music has been used to facilitate yoga practice, is an aid to massage and body workout, and has recently been used in the medical community to help relax the mind and body. Jon has performed this music live at yoga retreats, churches, and hospitals achieving positive results. A full time musician, Jon also performs music in the following genres: gypsy jazz (a la Django Reinhardt), blues, singer/songwriter, western swing, modern jazz, folk, and rock-n-roll. He's attended yoga classes for 4 years and was first introduced to yoga to facilitate healing as a result of an illness. At a low volume, these yoga CDs can help facilitate healing. At a louder volume each movement stands on its own as a cohesive song. Marc Berner is a multi-instrumentalist who has been playing flute since childhood, when he began on piccolo; he also plays saxophones, small percussions, and sings. Marc and Jon met in Philadelphia in 1978 and have realized in Wind and Strings for Yoga a longtime desire to record together. Marc has worked and recorded with Noel Paul Stookey (Peter Paul and Mary), Ira Sullivan, Frank Carmelitano, Omar Mesa (Mandrill), Peter Betan, David Feder and Eddie Cornelius. He is based in Miami, Florida.

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