## **Mp3 Vyasa - Transcendence Perfection**



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Ambient music for meditation relaxation. 10 MP3 Songs NEW AGE: Meditation, ELECTRONIC: Ambient Show all album songs: Transcendence Perfection Songs Details: The Third Vyasa album out now! If you like meditative music and are using it to enchance your spiritual life, then this is probably right CD for you. Peace. Listen to your heart. I find it easier to plunge into stream of meditation if there is suitable music around, therefore I am always searching new stuff. This applies especially to those who are just learning the art of meditation. To those who would like to learn I have few tips. Do something Physical before meditation like Gym, running or swimming. This will help you to get rid of old energies and revitalize your nervous system so that you can better receive what meditation has to offer to you. Otherwise, you are probably not gonna get much. I went through about seven month period to write this album, on and off with my buddy Vesa Laakso who mixed the songs with me. We had quite wonderful times to watch the project unfolding. After the last couple of sessions I found that Master had passed away before I could send him the finnished product like Ive allways done. I felt sad. The next days werent easy. I couldnt properly concentrate on anything. Spending the days reading the tributes offered to him in the net... The last song Farewell I made after few days or so. From net I read also about the Mahasamadhi comet and decided that has to be the cover. So Vessu and I got down to it. It came out wonderfully. Again, the title of the album comes from the book by Yogi-Master Sri Chinmoy who 1. november 1975 demonstrated his Yogic powers of concentration and wrote 843 poems in a 24 h period, from midnight to midnight. His whole life indeed was Transcendence Perfection. Sri Chinmoy entered Mahasamadhi 7. October 2007. This album is dedicated to him. His last poem went: My physical death is not the end of my life - I am an eternal journey.

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