

# Mp3 My Own Worst Enemy - Total Action



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No frills, well-crafted indie garage pop from Boston's critically-acclaimed bassless power trio. 12 MP3 Songs POP: Garage Pop, ROCK: Punk-Pop Show all album songs: Total Action Songs Details: TOTAL ACTION is the third full-length record by Boston's My Own Worst Enemy, critically-acclaimed for their no-nonsense approach to recording, high-energy live shows and intelligent, heartfelt songwriting. Produced by the band along with Pete Weiss (Chris Brokaw, Willard Grant Conspiracy, Moe Tucker, Charlie Chesterman) at Verdant Studio in Vermont over a string of long weekends, TOTAL ACTION is a day in the life of an indie band: guitars that chime, clank, and occasionally twang; rhythms that drive and surge, and vocals that sneer and soar. Fans of honest, blood-and-guts music will find a lot to love about TOTAL ACTION. Here's a sampling of what others have to say: "My Own Worst Enemy is a Boston trio that loathes pretension. There's no wandering experimentation on these tracks, no demanding political views. Just raw, punk-fueled, high-energy rock with great hooks and excellent musicianship. It feels basic and solid, wild and fun. The perfect music to shake off life's complications to and just flat-out enjoy...Sue has a gritty Patti Smith edge to her voice..." (indie-music.com) "...The songwriting is strong and earnest, the sound is remarkably full for a band without a bass player, and, overall, they make me want to dance...." (the noise) "...They play driving garage rock; few chords, easy melodies, and interesting stops thrown in to keep listeners on their toes..." (the noise) "...In many ways (they) evoke the golden age of classic co-ed indie rock bands: Love Child, Yo La Tengo, Eric's Trip, etc. - the boy sings a song, the girl sings the next one, and they always sing together. It's the pinnacle of rock band equality..." (kapital ink) "...What comes out sounds at times like a hybrid of X and the Patti Smith Group, which isn't surprising as the band has been known to while away the late night hours with records by those same artists, as well as in dreams of Grant Hart, Mia Zapata, Nico, and escaping once and for all the dusty doldrums of the

Avalon Motel." (pop culture press) More reviews to follow... Go to [myownworstenemy](#)for more details, pics, news, club dates, etc... Also check out [myspace.com/mowe](#).

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