

# **Mp3 Angela Marie Riemma - Journey To Harmonic Health: Destination Empowerment**



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Angela Marie Riemma: Journey to Harmonic Health; DESTINATION EMPOWERMENT This double cd consists of guided meditations for Higher Consciousness and Continuous Great Health. Become Awakened, Get Empowered. 13 MP3 Songs in this album (133:08) ! Related styles: NEW AGE: Meditation, NEW AGE: Relaxation People who are interested in Carolyn Myss Marianne Williamson should consider this download. Details: Angela received her Master of Science degree from Adelphi University in 1977. She has continued her education through life experiences and studying with many mentors over the years. She has incorporated all of her strengths; Reiki master, fitness consultant, nutrition, meditation, relaxation, raising conscious awareness and transforming core beliefs into an integrative approach to achieve continuous great health. Continuous Great Health defined as a vibrant, energetic physical body; a focused, clear mind; an intimate relationship with your inner intelligence; great positive relationships and the key to being the master of your finances. Angela shares her strength, hope and experience with you. These guided meditations transform old negative thought patterns into new empowering core beliefs by crossing the bridge from unconscious to conscious awareness. Angela is extremely grateful to share the journey with those in search of a more conscious way of living. Her intention is to inspire you to create hope where there once was despair and to embrace and accept yourself in places where there was only judgment. Angelas goal is to give you the information you need to know that there is always a solution. Simply being creative, resourceful and open to something new will allow you to reach your destination, which is EMPOWERMENT. You are the driver in your life on this journey, take what you like and leave the rest. This CD guides you through options to explore that will serve you in becoming the person you desire, and will help you decide whats essential for you to achieve

optimal results. The first step of the journey starts with the individual-and just as you are connected to all aspects of life like a spider web-your personal results will affect your family, your community and the world.

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