

## Mp3 Mary Lou O'hern - Not About You.



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Honest, colorful and uncluttered, Mary Lou's vocals reflect the amalgamation of her musical experience; from simple folk stylings to soaring emotional ballads, her passionate stories unfold with clarity and panache. 10 MP3 Songs GOSPEL: Contemporary Gospel, FOLK: Folk Pop Details: ABOUT "not about you" "This is one of those rare gems that you listen to, listen to again, and even after a third helping still can't find a single song that you don't really care for." - Kim Jones, CD Reviews at ChristianMusic.about.com. Produced by multiple Dove Award winning Travis Wyrick of Knoxville (wyrickmusic.com), not about you is a professional, seamless expression of the depth of emotion that Mary Lou brings to the art. His mastery of both the musical and technical aspects of the project is evident from the moment the first song begins. not about you is a collection of songs, most of which were written by Mary Lou, intended to uplift and encourage, as well as challenge the listener. She approaches the faith and issues we face in our daily lives with refreshing honesty and vulnerability. With an eclectic style that is uniquely her own, she tells her stories without pretense or clutter, always bringing the message of grace to the forefront. ABOUT MARY LOU'S MUSICAL EXPERIENCE "This is one lady that can not be easily classified or neatly fit into any one genre. She may sing different styles, but she does it with flair and passion. Simply put, she brings it!" - Kim Jones, CD Reviews at ChristianMusic.about.com. Mary Lou has been a working musician for many years, as a live performer, studio singer and artistic director for the Knoxville Children's Choir. not about you is Mary Lou's first solo CD and her first major flight into the world of songwriting. She has enjoyed a rich and varied performance background: Soloist with the Knoxville Symphony Orchestra Singer with the Frasier Moss String Band (bluegrass) Soloist with the Knoxville Opera Company (Broadway and light opera) Vocalist with the Ray Brooks Big Band (swing) Singer for "Flashback" (Motown, nostalgia) Member of the contemporary Christian vocal group,

Crosswind ABOUT MARY LOU Native East Tennessean, Mary Lou O'Hern, resides in Knoxville, Tennessee with her husband, Michael, and children Adam (20), Aaron (17), and Ali (15). She attends Cedar Springs Presbyterian Church, where she has been active in the music ministry for ten years. A believer since childhood, Mary Lou's passion for the faith, for joyful music-making, and for children have combined uniquely, culminating in a 20-year teaching career. After receiving a B.S. in elementary education (with concentration in music therapy), she was employed as an elementary school teacher for a large Christian school system in Southern California for several years. After the birth of her first child, she opted to be a stay-at-home mom, continuing to serve as a teacher and worship leader in the church. She eventually ventured back into the educational marketplace, founding the prestigious Knoxville Children's Choir. She served as a children's choir artistic director for 12 years, only recently stepping down, in order to re-direct her energies toward family, song-writing, recording, and generally toward music ministry. A "journaler" since childhood, Mary Lou wasn't in the habit of sharing her poetry. Rather, her verses and melodies were part of her private devotional and meditative time. However, in recent years, the call came to share her heart and testimony through song with the public. The concept took shape and the project not about you became a reality. For further information, contact: Mike O'Hern Not About You Records P.O. Box 31201 Knoxville, TN 37930-1201 (865) 670-0867 Mike@NotAboutYouRecords.com NotAboutYouRecords.com

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