

Mp3 Healingdisc.com - Healingdiscs Vol.1.



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"The best relaxation music CD ever made", Healingdiscs Vol.1 is designed to be used for massage, yoga, hypnotherapy, sleep induction or whenever peaceful relaxation music is desired. 8 MP3 Songs EASY LISTENING: Background Music, KIDS/FAMILY: General Children's Music Details: I created Healing Disc Vol.1 to promote physical relaxation and peace of mind. This music was originally developed for young children. To my surprise, I discovered that the same music that works for calming and soothing children works for adults as well - enabling them to enter a relaxed and receptive state of mind. The Healing Discs are less about music than about setting a mood and enhancing and balancing our lives. Yoga teachers, Dancers, Chiropractors, Massage therapists and people from all walks of life have all fallen in love with this CD. Everyone seems to want to experience the relaxation that washes over him or her as they listen to this music. Many have even used it to fall asleep to at night. It's meant to be hypnotic and relaxing - not necessarily listened to. It should be played quietly, so that it subliminally becomes part of the background. I guarantee that it will lighten your mood It has been called by many "the best relaxation CD ever made" Put it on in any given situation and experience the positive energy that it generates.

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