

Mp3 Jennifer Keeney - Gateway To The Soul ~ The Sound Journals



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Meditative, healing, spiritual, inspiring; join Jennifer on the waves of her gold/silver flute, alto flute and wooden flutes through tranquil environments, comforting your heart and opening the gateway to your soul... 12 MP3 Songs NEW AGE: Meditation, NEW AGE: Healing Details: Jennifer Keeney There are many gateways to the soul. Through this recording, may the vibrations of my flute sound be a guide through the portal to your soul. In our busy world we may long for a perfect place to meditate, to comfort our hearts and nourish our spirits. I believe that this is not some distant place of imagined perfect peace and quiet, but a presence that is always here, in every place. It is with this in my heart that I created and offer these sound journals. Each was recorded live at my dear friend's wonderful home in Houston, Texas. The journals begin at dawn's light with the songs of birds, rain, bells and a few traffic sounds too. My journals flow with the natural movement of motion and e-motion, through day and night, embracing the whole of what is and finding the beauty that is resplendent in all life. It is my hope that you will create your own sound journal, entering the gateway to your soul... wherever you may be. heartfully, jennifer

Reviews Gateway to the Soul the sound journals "...healing, ethereal, cosmic music that warms and opens the heart..." Inga Alanne Message and Spa Therapist "Gateway to the Soul is an ideal companion to Yoga practice. Inducing a calm meditative state, this gorgeous music allows one to flow through poses intuitively and effortlessly. I have amazing practices with Jennifer and her magic flute." Jessica Zwibach Bikram Yoga Instructor It is an easy thing to capture the sound of sound after all, it is what we are surrounded by twenty-four-seven. It is so much a part of our world that the mind creates filters, thereby sorting out what we choose to hear or disregard. It is an altogether harder thing to capture the sound of silence. The challenge is to create an audio equivalent of tranquility, the silent void of meditation. Gateway

to the Soul is one such album that evokes the peacefulness of serenity. Armed with a variety of flutes, Jennifer Keeney effectively captures the bare sound of the wind, the simple running of water, the timelessness of the moment, and the breath we take in. Gateway to the Soul is an internal journey, set to sound, and makes it clear that the silence within us is the most honest music of all. David Welling, Body Mind Soul In our troubled times, we need new tools to restore our sense of wholeness. Gateway to the Soul is just such a tool--uniting body, mind, and spirit to help us find the healing place inside each of us. Marilyn Schlitz, PhD Vice President for Science and Education Institute of Noetic Sciences As we move into the new medicine of the 21st century, we are learning how the subtle energies of rhythmic patterns and vibrations influence geometric patterns, organize cellular structures, and shift resonate brainwave frequencies among other things. We also are studying how healing intentions can be transmitted nonlocally from one person to another, unbounded by time and space. Beautiful playing, beautiful music, bathe in the soothing sounds of the Gateway to the Soul and experience the peace and healing intended by this artist and a healer. As you listen to this music, may you be moved into a creative state of awareness and directed to the "portal of your soul". Mary Ann Richardson, DrPH National Foundation for Alternative Medicine Washington, DC Biography Known for her spirit singing through a rich and expressive sound, Jennifer Keeney is a unique musician who has performed throughout the United States, Europe, Hong Kong, Australia, New Zealand, Venezuela and Japan. After being named a Principal Flutist of the New World Symphony in Miami Beach Florida, under the direction of Michael Tilson Thomas, Jennifer was appointed as Acting Principal Flutist of the Hong Kong Philharmonic. She has performed as an orchestral Flutist for 20 years, as well as a chamber musician, recitalist and as a member of various eclectic groups. Her passion for music is not limited to one genre, but explores the expression of sound in its endless beautiful forms. She has recorded with orchestras on the Argo Decca label, with Anita Kruse on Purple Records and on other labels with a variety of artists. Her first solo flute recording, Spirit Spirals, is on Heartspirit Records, and she is currently working on her new recording to be released in June 14th 2004 entitled, Gateway to the Soul the sound journals, for solo flute. Both Spirit Spirals and Gateway to the Soul are Jennifer's original music; meditative, spiritual, and inspiring. Jennifer lends her impressive talents to a variety of educational institutions. She is currently contracted to give Master classes throughout Texas. She has been on the faculty of summer programs such as Interlochen Fine Arts Academy, University of Michigan, and Bowling Green University. Jennifer has performed at

many summer music festivals, Pacific Music Festival in Japan, Interlochen Music Festival, and the Colorado Music Festival. Her book, *The Creative Flutist*, reflects her dynamic energy, creativity and inspirational teaching approach, encouraging her students to develop and refine their beauty, patience, discipline, freedom and artistry. An alumna of the University of Michigan, and the Shepherd School of Music, Rice University, she has also studied at the Royal Northern College of Music in England, the University of Southern California and Harvard University. She is forever grateful to her world renowned flute teachers, Julius Baker, Jeanne Baxstresser, Judith Bentley, Leone Buyse, Walfrid Kujala, Jim Walker, and Trevor Wye. After many years of friendship and a deep musical connection, Jennifer and, Anita Kruse, pianist/singer/songwriter formed their duo, Tall Girls, performing a wide variety of musical styles from the classical flute and piano repertoire to original songs. Ms. Keeney resides in Houston, Texas where she is a freelance and studio musician, an artist on the roster for Young Audiences of Houston and a teacher for her wonderful students in private and group lessons. Jennifer continues to perform throughout the United States and abroad. She will be giving concerts, and classes in Texas, Colorado, New Mexico, Michigan, California, Washington State, Mexico and Japan in 2004-2005. Jennifer enjoys listening to and performing all kinds of music, reading, writing, poetry, yoga, traveling and her diverse spiritual life. Her parents are retired teachers who live in beautiful northern Michigan. They are active in their community and support the Michigan Nature Association. Her dad enjoys his yoga, biking, reading, writing and many other things. Her mom is an artist whose talents and tastes are eclectic too; her fiber art may be viewed on the Web at Fiber Edge. Jennifer loves being an aunt to her two nieces and two nephews. She has two wonderful sisters whom she treasures, her twin Rebecca and younger sister Allison.

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