

Out Of The Shadows: Understanding Sexual Addiction - Patrick J. Carnes

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"We recommend Patrick Carne's Out of the Shadows to every sex addict and codependent we treat.. This (book provides) a tremendously powerful experience, helping both sex addicts and codependents realize that they are not alone and not destined to eternally be at the mercy of the disease." - Dr. Ralph Earle and Dr. Gregory Crow, Lonely All the Time"Out of the Shadows has become a guidebook for sufferers and counselors alike."- Roda Salter, Keene Sentinel Sex is at the core of our identities. And when it becomes a compulsion, it can unravel our lives.Out of the Shadows is the premier work on this disorder, written by a pioneer in its treatment. Revised and updated to include the latest research-and to address the exploding phenomenon of cybersex addiction-this third edition identifies the danger signs, explains the dynamics, and describes the consequences of sexual addiction and dependency. With practical wisdom and spiritual clarity, it points the way out of the shadows of sexual compulsion and back into the light and fullness of life.Author: Carnes, Patrick J. Publisher: Hazelden Illustration: N Language: ENG Title: Out of the Shadows: Understanding Sexual Addiction Pages: 00240 (Encrypted EPUB) On Sale: 2009-06-21 SKU-13/ISBN: 9781568386218 Category: Health & Fitness : Sexuality Category: Self-Help : Substance Abuse & Addictions - General Category: Family & Relationships : Love & Romance

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