

Mean Girls At Work: How To Stay Professional When Things Get Personal - , Kathi Elster

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DO YOU WORK WITH A MEAN GIRL? A woman's field guide to the new frontier of professional development: working with other women. Women-to-women relationships in the workplace are . . . complicated. When they're good, they're great. But when they're bad, they can ruin your day, your week, even your year. Packed with proven advice from two of today's leading experts in workplace relationships, this one-of-a-kind guide gives women the tools they need to navigate difficult situations unique to women-to-women relationships: whether with a boss, a colleague, a client, or an employee. Have you dealt with a woman in the workplace who: Accidentally excludes you from important meetings? Seems intent on taking you down professionally? Gossips about you with other coworkers? Makes you look bad by missing deadlines? Forms a pack of mean girls to make your life miserable? Mean Girls at Work isn't just about surviving difficult situations. It's about transforming a toxic relationship into one that benefits and supports both of you. This book is also for women who engage in mean behavior . . . but don't know it. After all, who hasn't gossiped about a female coworker? Who hasn't rolled her eyes in the presence of a woman she doesn't like? Who hasn't scanned another woman's head to toe, which is just a nonverbal way of saying, "You've just been judged"? The authors provide invaluable advice to the more subtle ways of being mean, even if they're not intended. With a workforce composed of a higher percentage of women than ever, workplace dynamics have changed. Crowley and Elster cover every conceivable scenario, providing critical advice on how to rise above the fray and move forward professionally. Mean Girls at Work is your map to dodging the mines and moving forward in today's transformed workplace. Praise for Mean Girls at Work: An invaluable suit of armor for surviving nine to five! Leil Lowndes, bestselling author of How to Talk to Anyone: If you think the emotional cruelty of comedies like Mean Girls and Heathers doesn't exist in the real world workplace, think again. In Mean Girls at Work, Katherine Crowley and Kathi Elster valuably chronicle female vs. female predators and offer solid defensive strategies. Ann Creamer, author of It's Always Personal: Navigating Emotion in the New Workplace Whether you are in your twenties and just starting your professional career, your midcareer

forties, when you are supposed to have figured it out already, or a woman in her fifties or sixties who has seen it all this book is a must-read. . . . The authors have finally given women the tools and the sound advice necessary to deal with . . . conflicts that keep us all from succeeding. . . . Carry this book with you to work every day! Carolyn Cassin, President, Michigan Womens Foundation A must-read for women of all ages in today's workforce. This book offers what we all need to develop the capacities to endure this ever-changing workplace. We know it is all about relationships and you need the skills outlined in this book to survive and thrive when the Mean Girls attack. Kim Harrington, Coordinator, Professional Development and Training, Office of Human Resources, California State University, Sacramento Author: Crowley, Katherine Author: Elster, Kathi Publisher: McGraw-Hill Illustration: N Language: ENG Title: Mean Girls at Work: How to Stay Professional When Things Get Personal Pages: 00256 (Encrypted EPUB) / 00256 (Encrypted PDF) On Sale: 2012-10-13 SKU-13/ISBN: 9780071802048 Category: Business & Economics : Women in Business

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