

# Mp3 Banana Lady - As Strong As I Can Be



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Have a banana blast rockin to these dancey tunes about health and wellness and adventures with friends. You and your kids will love to get down and join the "Banana Hoe Down" jamboree, which makes exercise fun for the whole family. 7 MP3 Songs KIDS/FAMILY: Sing-Along/Interactive, KIDS/FAMILY: Children's Pop Show all album songs: As Strong As I Can Be Songs Details: Catherine Conrad, a.k. Banana Lady has been performing for over twenty years for kids and their families across the nation with character building messages and promoting positive values. The Banana Lady inspires her audiences of all ages to believe in themselves and to pursue their own unique dreams and potential. The Banana Lady's energy and enthusiasm is contagious as she and her side-kick monkey puppet "Spike" bring the audience along on their fun adventures. The current new CD "As Strong AS I Can Be" promotes health and wellness and belief in oneself. As the songs say.."If you gotta a dream you want to live long so believe in yourself, feel good and strong, eating vegies is the rule all the kids will think you're cool!" YOU and your kids will have a banana blast listening to these entertaining dancey tunes! IN 2008, Banana Adventures will release Banana Lady's first children's book "The Lemonade Stand" will be avaiable on bananalady.com. The DVD Adventures series starring Banana and Spike will also be avaiable in 2008.

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