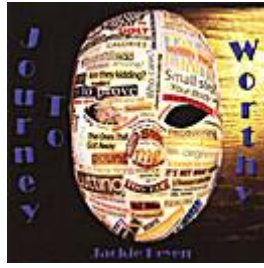


Mp3 Jackie Heyen - Journey To Worthy



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Real life set to music. Folk music to inspire. 10 MP3 Songs COUNTRY: Country Folk, FOLK: Free-folk
Show all album songs: Journey To Worthy Songs Details: Jackie is a singer/songwriter with many musical passions. She is a composer 21st century classical music and also electronic music and sings classical music. But her passion is helping people find their voice. She was born and raised in Nebraska and has been on a journey not only from where she lives but also the struggles and triumphs in her life. She speaks and sings about her personal struggle with an Eating Disorder and Self Injury. Music is how she found her voice after a lifetime of silence. Never knowing how to express what she was feeling and going through, Jackie believes that "if you find your passion you will find your voice" and that "anyone and everyone deserves a life without an Eating Disorder or Self Injury." Her songs on her debut album Journey to Worthy are positive pro recovery songs. Jackie sings with just a guitar because she says "I wore a mask for so long that I was afraid too much background music would be yet another mask. The songs are about the words. They just happen to be to music."

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