

Do This And Live Healthy: 10 Simple Keys That Cure - Don Verhulst

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Real Health for Real PeopleA happy, healthy life is easier than you thinkGood health is vitally important if we hope to enjoy the abundant life God promises. No matter what frustrations you have faced with poor health, weight gain, or hereditary diseases, you can enjoy the good health Scripture talks aboutand it is easier than you may think.When studying the Bible from a physicians perspective, Dr. Don VerHulst discovered keys to health that are modeled throughout both the Old and New Testamentseven Jesus followed them in His daily routines. In Do This and Live Healthy, he explains these easy-to-follow basics, giving you Gods blueprint for achieving and enjoying good health.Focusing on simple things you can do rather than a complicated list of restrictions, Do This and Live Healthy encourages and inspires with a simple approach that works. Discover how easy great health can be!Author: VerHulst, Don Publisher: Siloam Illustration: N Language: ENG Title: Do This and Live Healthy: 10 simple keys that cure Pages: 00000 (Encrypted EPUB) On Sale: 2012-06-05 SKU-13/ISBN: 9781616388263 Lib Category: Self-care, Health Lib Category: Health - Religious aspects Category: Health & Fitness : Healthy Living

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