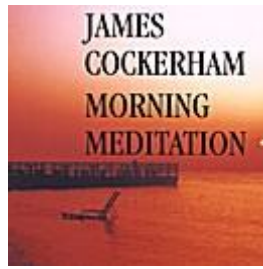


Mp3 James Cockerham - Morning Meditation



[DOWNLOAD HERE](#)

A 10-song Christian instrumental cd of quiet, soothing music where music lovers will find not only piano solos, but also bass, guitar, drums, strings and horns. 10 MP3 Songs ELECTRONIC: Soundscapes, EASY LISTENING: Background Music Details: This 10-song Christian instrumental CD of quiet, soothing music is the culmination of nearly two years of work. It began in 2000 after Cockerham stopped brushing aside suggestions from members of From the Heart Church Ministries of Atlanta in College Park, Georgia, where he has been minister of music for six years. Church members would come to me after service and ask if I had thought about recording a Christian instrumental CD, he said. At first, I just smiled and said, no.' When he finally decided to listen to the requests, the project took on a life of its own. Cockerham, who plays keyboard, said he thought first of doing contemporary gospel- songs you can move to and get up and dance to- but late one night, he realized the value of the other side. There is beauty in quietness, he said. There is beauty in simplicity. You don't have to have everything just coming at you. He decided then to produce a quiet CD, devoted to relaxation and meditation. It was not an easy task. It was difficult writing quiet music, he said. How do you make people relax? The CD features nine of the familiar hymns that Cockerham grew up with in the church and the original song, Morning Meditation, which he wrote two years ago. He arranged and played all the songs on the disc. On the title track, Cockerham, who has never been to Africa, said he pictured beautiful Victoria Falls and tried to capture its beauty in the music. Victoria Falls, at the border between Zambia and Zimbabwe, are approximately twice as wide and twice as deep as Niagara Falls. The falls span the entire breadth of the Zambezi River at one of its widest points (more than 5,500 feet), where the river plunges over a precipice, split by islands and promontories, to a drop of 355 feet. I imaged the water cascading off the falls and seeing it in the early morning with the sun rising, he said. I tried to capture the awesomeness of God in sound. Morning

Meditation is Cockerham's eighth recording and his second CD. His first CD, Nobody Like Jesus, was released in 1999. On Morning Meditation, music lovers will find not only piano solos, but also bass, guitar, drums, strings and horns that Cockerham orchestrated on old favorites like Be Grateful, I Surrender All, Give Me a Clean Heart and Hear Our Prayer, Oh Lord. As he did the arrangements, Cockerham said he envisioned individuals listening to a piano, bass guitar, and drums softly playing Sweet Hour of Prayer, Blessed Assurance, and Just As I Am as they begin their day with prayer. He is hoping that individuals and churches will play the CD as background music as they pray, and he envisions people relaxing to it after a stressful day at work, or just for meditation and praying in the spirit. For more information, call Cockerham at 770-593-8522 or email BASICcoc@aol.com.

[DOWNLOAD HERE](#)

Similar manuals: