

## Mp3 Phuz - Water



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A blend of organic groove and ambient pop, gently juxtaposing personal melodies with epic sounds. 8 MP3 Songs POP: with Electronic Production, ELECTRONIC: Ambient Details: Dea - vocals Edward Casapao - acoustic/electric beats, samples Edwin Casapao - fretless/upright bass Jamie Ruggiero - pianos and synthesizers Ken Sarmiento- acoustic/electric guitar After a decade-long musical journey that's seen them through various lineup changes and musical styles, the Houston-based band Phuz has quite literally found its groove in a plush, ambient sound laced with influences of jazz, R&B, and pop that coalesce into a powerful organic sound. "First and foremost, Phuz music is true. It is also triumphant; choosing to be full of hope while embodying waves of emotion and experience," says vocalist/lyricist Dea, whose clear, soothing tones easily move between the spiritual and the sensual. The band's hybrid sound is deceptively simple, yet unfolds like the long hallway of some castle, each doorway opening to a new sound, a new experience. Phuz, formed in 1991, was a loose collective of musicians, established by brothers Casapaos and Sarmiento. Players came and went, but the band's sound became anchored by a funk/R&B dance groove, with some jam-band affectations. Dea joined in 1995 as a backup vocalist, then Ruggiero in 1999. The following year, Phuz overhauled its lineup and musical direction, appropriately beginning a new era with the new millennium. In addition to frequent hometown gigs, Phuz recently toured nationally, playing shows with Sade, Tony Bennett and K.D. Lang. Having also shared evenings with Alanis Morissette, Natalie Merchant, and Alicia Keys, Phuz continues to prove their wide demographic appeal. They've been guests on KPFT 90.1 FM radio's nationally known eclectic "Soular Grooves" show. Phuz was also featured in The Houston Press and garnered two nominations in the newspaper's 2001 Music Awards, including Best New Act and Best Funk/R&B. They eventually won the "Critic's Pick" nod in the latter category. This summer the band was included in the local promotional

events for the award-winning Filipino American film "The Debut." Their debut CD Water, released in early 2002, is already creating a buzz for Phuz. Recorded sporadically over a six-month period in a bedroom converted into a recording studio, Water was constructed bit by bit. Like the gently lolling waves of the natural element in this record's title, the music of Phuz laps over the listener with a fresh sound that's as soothing as it is intricate. "Simplicity and creativity," Sarmiento adds, "those are the two approaches that revolve around this record". Take an enjoyable dip into the Phuz pool with Water. "I would like for you/To find Out/That your peace of mind/Is in the waters of your soul" Dea implores on one track. And, if it's a soul-enriching experience you're looking for, Water certainly fills you up. For more information visit [phuz.com](http://phuz.com). For booking or interviews, please contact the following: Angelo Rivera or Edwin Casapao 713.805.5196 or 832.725.3865 P. O. Box 66307, Houston, TX 77266-6307 [phuz\\_vibe@yahoo.com](mailto:phuz_vibe@yahoo.com)

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