Surviving Stalking

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This is the first accessible, contemporary account of the effects of stalking to provide practical guidance for management and prevention.Surviving Stalking is a practical and comprehensive survival manual for victims of stalking and related crimes. It offers sound, realistic, practical advice to victims and also gives guidance through each stage of the criminal justice processes in America, Britain and Australia. Using case descriptions, Michele Pathe describes the traumatic effects of stalking, the course of these symptoms, and how best to access psychological care and support. It is the first comprehensive book for a general readership providing a contemporary account of victim types, stalker types, stalkers' motives, strategies to prevent and overcome stalking, and a list of the resources available to victims of stalking. Surviving Stalking will be of great interest not only to those who have been or are being stalked, but also to the health, law enforcement and legal professionals who work with stalkers and their victims. EAN/ISBN : 9780511059148 Publisher(s): Cambridge University Press Format: ePub/PDF Author(s): Pathe, Michele

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