

Food Of Miami - Caroline Stuart

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The best of Miami's bright and sassy new brand of cooking is presented here by Caroline Stuart, co-founder and vice president of the James Beard Foundation. Included are recipes from award-winning Miami-area chefs complemented by the author's own homestyle favorites. Miami, the colorful metropolis that borders the Atlantic and the Caribbean, is famous for its neon and pastel Art Deco hotels on South Beach, its vibrant art scene and its rich Latino-Caribbean influences. But most of all, with its proximity to the sea and the access to an astonishing array of cross-cultural cuisines, Miami is probably best known for its food. Here, fusion is the password: traditional cooking techniques combine with a variety of local ingredients such as stone crabs, zesty citrus, and freshly caught fish. The Food of Miami presents the authentic flavors of South Florida and the Keys as never before, in over seventy recipes accompanied by brilliant full color images. An extensive introduction by well-known local writers describes the culture and history from which such traditional recipes as key lime pie, conch fritters and mojo came to be. Handy cooking tips and a glossary of unusual Miami ingredients make the preparation of these delightful dishes simple and easy. Author: Stuart, Caroline Publisher: Periplus Editions Illustration: N Language: ENG Title: Food of Miami Pages: 00142 (Encrypted EPUB) On Sale: 2012-12-04 SKU-13/ISBN: 9789625932316 Category: Cooking : Reference

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