

Mp3 Global Hypnosis - Creativity Boost



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An enchanting soundtrack of soft music over rain, chimes, and birds. 2 MP3 Songs NEW AGE: Environmental, NEW AGE: Meditation Details: Enjoy the enchanting sound track of rain, chimes, and birds. This relaxing CD gently is enhanced with binaural beats or sound therapy in Alpha and Theta. The listener is taken deeper into Theta where the mind finds a remarkable stillness. In this state, creative solutions arise to whatever problem is on our mind. Every few minutes, the listener is brought back up into Alpha so as to remember the solutions found in the process. During Theta, the body produces several beneficial neurochemicals such as acetylcholine, serotonin, beta-endorphins and vasopressin which increase mental focus and memory, reduce stress, prevent depression and boost immune functions. With daily use, the relaxing experience of sound therapy helps optimize immune and cognitive functions. People who are interested in Hypnosis Creative should consider this download.

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