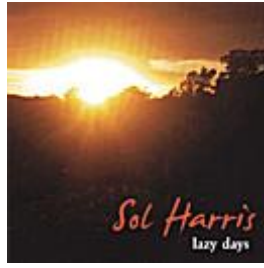


Mp3 Sol Harris - Lazy Days



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Enjoyable melodies, beautiful harmonies and a mix of up-tempo and laid back acoustic rhythms, Lazy Days is the perfect album for a sunny afternoon. 13 MP3 Songs EASY LISTENING: Adult contemporary, FOLK: Folk Pop Details: From "An Interview With Sol Harris" "Sol Harris has been playing original music for some 20 years now. A self-taught singer-songwriter guitarist since the age of 15, his compositions are heartfelt, melodious songs that capture the beauty of vocal harmonies, sensitive guitar and enchanting stories. Sol's captivating vocal range that spans 4 octaves, gets your attention with its unusually clear, smooth and clean "angelic" tone.... Find out more about Sol, read interviews, biographies, listen to more tracks and find out how you can book him for your event / festival / venue at solharris.com" About Me - (written by Sol) I've been a practising singer-songwriter and performer for 20 years now, but ever since I can remember, music has been part of my family. My Grandmother was a classically trained pianist taught by Gustav Holst (who wrote "The Planets"), my Father is an accomplished pianist and guitarist (amongst other instruments such as the accordion) and my brothers all play at least one instrument each. My family's influence cannot be ignored, but I really owe my song-writing and guitarist beginnings to my friend Chris Brown, with whom, as teenagers, we would sit and compose poems. Chris, and another friend - Carl, both played guitar and together we wrote some wonderful spontaneous masterpieces - all of which are long since forgotten. But it gave me 'the bug' and I continued writing poetry and lyrics until one day, I finally bought my own guitar at the age of 16 and could actually start to put them together. I taught myself to play from tablature books, progressing to musical notation and of course, the old favourite, listening to and copying from others! Although I consider my voice to be my main instrument, the acoustic and sometimes the electric guitar are my support. I play a mixture of rhythm and styles, but you'll really have to listen to my music to decide for yourself what kind of genre it fits. Over the years, I've had stints

on bass guitar, drums, piano and percussion. The most recent addition to my musical instrument repertoire is the djembe - an upright African drum that looks similar to the Latin conga drum. I love the different tones that can be generated either the 'boomy' flat palm sound or the 'slap' of the fingers on the drum skin or rim. The djembe is a great instrument at parties, especially when played in a group. Unfortunately, I got into this instrument after recording had started for my debut CD, but I plan to incorporate it into future recordings. My vocal range spans 4 octaves - perhaps more when I'm in really good shape. I've been told by many people that it's quite unique, so who am I to argue! In 2004/5 I ran a weekly voice and singing workshop which was really rewarding for everyone who took part. It was very popular. I just love to sing and it's great to be able to share that passion with others. As a writer, I concentrate on simple, melodious songs that capture the beauty of vocal harmonies, easy melodies and poetic stories. I think you will know what I mean if you listen to my CD. In terms of influence, I would really have to honour The Beatles, Paul Simon and of course Simon Garfunkel, Sting, Jeff Buckley, George Michael, Neil Young, James Taylor, Nick Drake and many others. In terms of who I listen to, well, the list is endless: Pink Floyd, Radiohead, Queen, Camel, Fairport Convention and Led Zeppelin from the old days and Coldplay, Jack Johnson, and even System Of A Down more recently. I'm very eclectic in my musical tastes and often listen to classical music piano concertos are my favourites, but I also enjoy string quartets.

Chronology 1986 - 1989: Solo performer - Somerset (Acoustic Folk). 1988 - Punk band called Crash - London, UK 1989 - 1991: Head Stop Start - Plymouth, UK (Acoustic Trio) 1991 - 1992: Head Stop Start II - Plymouth, UK (6 piece Indie-Pop) 1992 - 1994: Flipside - Plymouth, UK (5 piece Funk-Pop) 1994 - 1996: Solo Performer - London, UK 1996 - 1997: SlipStream - London, UK (4 piece Funk band) 1998 - 2005: Solo Performer - Global (Acoustic) 2005 - Recording of solo debut album "Lazy Days" 2007 : Release of solo debut album. Between 2001 2005, I left the UK and toured with my guitar, playing at small festivals and venues across USA, Canada, in Fiji, Vanuatu and in New Zealand Australia. As well as proving to be a lot of fun, this adventure has enabled me to return to a more organic, independent style, providing inspiration for new material. Throughout the journey, I've been exposed to a wide variety of experiences, opportunities and possibilities - all encouraging growth and musical development. I'm currently living on Waiheke Island, New Zealand in the South Pacific, where I've been busy recording and recently releasing my debut album Lazy Days. I encourage you to have a listen. Buying a copy will really contribute to the next album which is already in progress. The purpose of my

debut CD is to capture a taste of where I am at musically. It's an expression of my creativity that I have wanted to share for so many years. The entire process has enabled me to develop and grow musically. 2007 / 8 will provide the backdrop for the release of the debut CD and there are plans for a tours around New Zealand to promote the album. A UK / European tour is in the early stages of being planned for. All information regarding future performances will appear on the front page of solharrisor you can sign up to the mailing list at the top of the page to receive direct details as soon as they are confirmed. Thanks for reading Regards Sol

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