

Pain Management: Learning To Live With Pain - Ren  e Goossens

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"May 2009 - Pain Management took 3rd Place at the International book awards ""Living Now Book Awards"" in America within the ""Books for Better Living"" category. Pain Management is a unique book written by a patient - herself a chronic pain sufferer for over four decades - for patients. Ren  e Goossens recounts her battles with pain and her inspirational success in surviving pain. This unique book aims to teach patients    how to communicate with doctors simply,    how to be assertive yet polite,    how to seek a second opinion without damaging relationships with other treating practitioners,    how to assess complementary therapies. Written in plain language, Pain Management explains the effect of pain on the human nervous system. It provides medical and psychological strategies to enable patients to help themselves. For those living with constant pain, the book acknowledges and clearly demonstrates how to cope with:    Emotional pain    Depression    Grief and Loss    Maximize the quality of life Pain Management provides up to date information, reference material and case histories on sensitive issues of Dementia Care, Neurological Diseases, the work of Carers, Respite Care, Children's Hospices, Caring for those with Life Limiting Illnesses, Death and Dying and Grief Counseling. Pain Management will change how you understand and cope with Pain."Author: Goossens, Ren  e| Publisher: Rockpool Publishing Illustration: N Language: ENG Title: Pain Management: Learning to Live With Pain Pages: 00000 (Encrypted PDF) On Sale: 2011-04-21 SKU-13/ISBN: 9781921295096 Category: Health & Fitness : Pain Management

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