## Salty Sweets: Delectable Desserts And Tempting Treats With A Sublime Kiss Of Salt - Christie Matheson

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Do opposites really attract? In the case of salty and sweet, you bet they do! Like peanut butter and jellyitself a classic salty-sweet duothese tastes were made for each other. Salt helps balance and heighten sweets, transforming ordinary candies into truly special confections. It brings out the complexities of chocolate, highlights the subtleties of fruit, makes nuts really pop, and turns caramel and butterscotch into pure ambrosia. The salty-sweet combination has swept the nation, with chefs, candy makes, and retailers all offering tantalizing sweets complemented with salt. Salty Sweets is the first cookbook to bring the phenomenon home. Christie Matheson offers 75 delectable ways to enjoy this tasty twosome, proving along the way that salty sweets are not the sole province of fancy chefs and trendy chocolatiers. Salty sweets dont have to be complicated to taste good, she writes, and the scrumptious but simple recipes bear her out. Seven recipe chapters cover every sort of treat, from little bites to cookies, bars, cakes, puddings, fruit desserts, and even ice creams. You can make your own version of those salted caramels found in upscale boutiques, along with such sophisticated fare as Maple Crme Brle, Lavender Fleur du Sel Shortbread, Fig and Ricotta Pizza, and Nantucket Sea Salt Ice Cream. Or how about the honey goodness of Old-Fashioned Kettle Corn and Decadent Hot Cocoa? And who could resist Dark Chocolate-Covered Pretzels, Butterscotch Brownies, Peanut Butter Cupcakes with Chocolate Frosting, or Caramel-Fudge Sauce. Tempting color photos will send you straight to the kitchen to try these yourself. An introductory chapter outlines the basicsequipment, ingredients, and techniquesof successful sweet making. Youll learn all you need to know about saltsfrom fleur du sel to Maldon to Hawaiian pink to smoked and more. Each has its own distinctive flavor and texture, and Matheson encourages readers to sample the wealth of exotic and rare salts available today. Celebrate the happy marriage of sweet and salt with these irresistible creations. Its a match made in dessert heaven! Author: Matheson, Christie Publisher: Harvard Common Press Illustration: N Language: ENG Title: Salty Sweets: Delectable Desserts and Tempting Treats With a Sublime Kiss of Salt Pages: 00144 (Encrypted EPUB) On Sale: 2009-09-17 SKU-13/ISBN: 9781558324152 Category: Cooking: Courses & Dishes - Desserts

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Chinese Soup With Coriander And Chopsticks Asian Cooking

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Little One Year Old Boy Cooking

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Curanto, Cooking In The Earth Oven, Vegetables Cooking Over Hot Stones

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Opening The Pit Oven At A Curanto, Cooking In A Pit Oven, Vegetables And Meat Cooking Over Hot Stones

Opening The Pit Oven At A Curanto, Cooking In A Pit Oven, Vegetables And Meat Cooking Over Hot Stones

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Potatoe Dumplings In A Cooking Pot

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Dinner And Tea Cooking On A Fire Place In The Sand, Libya
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Man Is Cooking
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