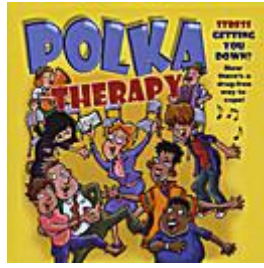


# Mp3 Polka Therapy Band - Polka Therapy



[DOWNLOAD HERE](#)

These funny songs are a drug-free way to cope with the stress of modern-day life, definitely taking the polka in new directions. 14 MP3 Songs in this album (38:04) ! Related styles: WORLD: Polka, POP: Quirky People who are interested in "Weird Al" Yankovic Brave Combo should consider this download.

Details: No one can sing or dance the polka without smiling. That's why "Polka Therapy" is a perfect, drug-free way to cope with the stress of modern-day life. The songs are funny and definitely different. For example, singers complain about their lost youth in the "Middle-Aged Hip-Hop Polka"--and it's not every day that you hear those two genres of music combined! The Polka Therapy Band is made up of Heather Stenner on piano, Cheri Thurston on accordion, Chris Sheafor on bass and guitar, and Andy Sheafor on drums. Various singers and other musicians also participated in the recording of songs on the CD. The songs were all created by Cheri Thurston and Heather Stenner. Cheri Thurston is the founder of Closet Accordion Players of America, an organization that encourages accordionists to come out of the closet and play proudly. Thurston is also the author (as Cheryl Miller Thurston) of many books for teachers, as well as magazine articles, plays and musical shows. In 1997, she created Moonlighting Teachers, a troupe of teachers, former teachers, counselors and others who sing and act their way through a comedy show that touches just about every facet of the world of education. The group has performed for dozens of state, regional and national educational conferences. Heather Stenner is a former public school music teacher who founded Enthusic, a company devoted to allowing anyone to try on the hat of a musician and discover the joy of music without the pressure of performance. She is a singer, piano player, and dancer, as well as a composer who has created the music for various CDs, books, and plays, including "SinguiniNoodling Around with Silly Songs" (a music book) and "A Hair from the Head of a Prince" (a full-length musical comedy ). She toured with Up with People for a year and now performs regularly with

the group Moonlighting Teachers. She is also musical director for the group.

[DOWNLOAD HERE](#)

Similar manuals:

[MP3 In Color - In Color \(the Lamp Album\)](#)