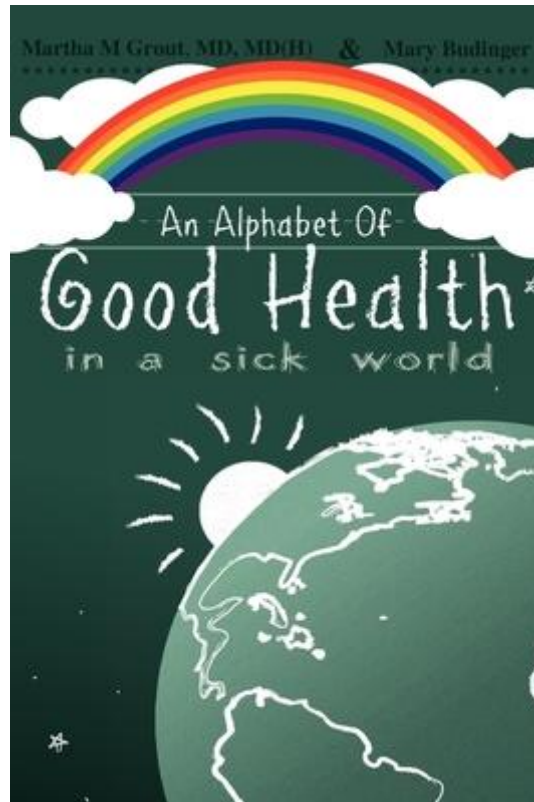


# An Alphabet Of Good Health In A Sick World - , Mary Budinger



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Want to feel better? Been to a dozen doctors and still have no answer? Look no further. Discover why illness is really your friend. Realize that illness is your body's cry for help, your best effort at telling yourself that something is very wrong. Looking at your body as the enemy and treating it with brute force is the conventional way to treat. But, if you are open to it, there is another way. Healthy food and healthy environments beget health for the body, no matter what the genetics suggest. We call this paradigm "Green Medicine". Treat the whole body, not just the part that is currently screaming. And recognize that illness occurs for reasons that may have global implications. Author: Grout, MD, MD(H), Martha M Author: Budinger, Mary Publisher: New Medicine Press Illustration: N Language: ENG Title: An Alphabet of Good Health in a Sick World Pages: 00000 (Encrypted PDF) On Sale: 2010-09-30 SKU-13/ISBN: 9781932842555 Category: Medical : Alternative Medicine Category: Health & Fitness : Alternative Therapies Category: Health & Fitness : Healthy Living

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