

Lunch By The Numbers - Cecilia Minden

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Lunch is an important part of staying energized in the middle of the day. Readers will discover that using math to calculate calories and portion sizes can help them make healthy food choices whether they are bringing lunch from home or buying lunch in the school cafeteria. Author: Minden, Cecilia Publisher: Cherry Lake Publishing Illustration: N Language: ENG Title: Lunch by the Numbers Pages: 00032 (Encrypted PDF) On Sale: 2007-08-01 SKU-13/ISBN: 9781602790124 Age: 08-11 Reading Level: 03-06 Category: Juvenile Nonfiction : Health & Daily Living - Diet & Nutriti Category: Juvenile Nonfiction : Mathematics - Arithmetic Category: Juvenile Nonfiction : Concepts - Money

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