

# Mp3 Karin H. Leonard - Vibrant Health - Awaken Your Inner Healer



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Bathe in luminous life force for vitality and health, while you enjoy luxurious levels of comfort and deep relaxation. Awaken the natural healing and immune boosting potential present in every cell of your body, with master hypnotherapist Karin Leonard. 2 MP3 Songs NEW AGE: Meditation, NEW AGE: Healing

Details: Are you often sluggish, tired and uninspired? Do you want more energy, vitality and health? Do your immune system and wellbeing need a serious boost? Do you crave deep, nurturing relaxation? If you answered yes to any of these questions, then this is the perfect CD for you! WHAT CUSTOMERS ARE SAYING: What I received from listening to Vibrant Health was worth the cost of a two week retreat! My pounding headache went away, and this feeling of depletion that usually takes me a few days to unwind, was about 70 cleared in just 24 minutes. I feel that the experience was so profound that I will be returning to it again in many moments of my life. Beautiful work: the voice, the music, the words, the pace, the content and the vibrant healing energy!!! Dr. Laurie Moore, PhD, Santa Cruz, CA Vibrant Health leads you into profound levels of deep relaxation, draining away tension. Since an estimated 80 of disease and ill health is caused by stress related factors, providing healing rest to your entire system is a powerful foundation for well-being. And, many customers and clients report improved sleep as a wonderful side result, not to mention the many surprising benefits that may appear spontaneously. Vibrant Health guides you to infuse every part of your body with luminous life force, and awakens the natural healing potential present in every cell of your being. Whether you are recovering from illness, or simply want to maximize your vitality and immune system, you will receive a powerful boost for health and wellbeing every time you listen to this program. "Vibrant Health - Awaken your Inner Healer" is the product of Karin Leonard's 18 year experience of in-depth work with clients as certified master

hypnotherapist, NLP practitioner and professional life coach. Karin is dedicated to provide powerful programs for your health, happiness and success. Being a seasoned expert, Karin is known for her soothing hypnotic voice and exceptional skill in recording outstanding audio programs. Being an award winning visual artist, Karin's guided imagery leads you to easily experience an inner world of creative energy, vibrant luminosity and natural healing power. Vibrant Health gives you access to the healing power of guided imagination. Body and mind are intricately linked, and your physical being is highly sensitive to the images and intentions of your mind and emotions. By guiding you to experience your body radiantly healthy, and each system functioning at optimum wellness, deep suggestions of radiant well-being are imprinted in the core of your being, poised to unfold over the coming days, weeks and months. Vibrant Health draws on the unlimited creative potential of nature to find solutions for healing and well-being. Nature always moves towards wholeness and well-being, and life miraculously overcomes adversity, in ways we can't even imagine or predict. The guided imagery in this program aligns you with the natural source of abundant energy and vitality. Track One features Karin Leonard's deeply relaxing guided meditation with peaceful music by Michael Hammer (michelhammer.com) (29 min.) Track Two provides subliminal suggestions music (28 min.) The cover art of Vibrant Health features "California Poppy Path," a pastel painting by Karin Leonard. You can see more examples of her art work at [innerevolution.com/art/](http://innerevolution.com/art/). People who are interested in Anthony Robbins Deepak Chopra Kelly Howell should consider this download.

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