

Mp3 Justin K. Knight - Rest



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Beautiful, soothing, instrumental piano music by nationally acclaimed recording artist Justin Knight. Justin's soft touch on a nine-foot Steinway grand piano is heartwarming and life changing. Get this CD to quiet your heart and mind. 14 MP3 Songs EASY LISTENING: Background Music, NEW AGE: Healing

Details: The Rest CD consists of fourteen flowing piano instrumentals with light orchestration, written to help relieve sleeping disorders, anxiety, depression, and stress. This kind of music helps reduce high blood pressure, and physical and emotional stress. "Rest" will inspire you to relax and unwind. This music is inspired from Jesus who said, "Come to me, all you who are weary and burdened, and I will give you rest". Unfamiliar music, like on this CD, is used for relaxation so people will not be thinking of the words to a song and are able to create their own memories with the music. Whether you use this CD as a relaxation tool, to study by, to reduce stress, or just as enjoyment, these songs will pull at your heartstrings. Enjoy the music as it draws you closer to God.

ABOUT JUSTIN K. KNIGHT An exceptional speaker, author, pianist, recording artist, and composer who is sought after around the country. Justin is a licensed and ordained Minister and is at First Baptist Church, Broken Arrow, Oklahoma as their Music Evangelist. Justin has performed in events with recording artists John Tesh, Twila Paris, Natalie Grant, Selah, Bob Carlisle, and Nichole C. Mullin to name just a few. He has performed special events and headlined for authors and speakers Ruth Graham, Stormie Omartian, Tim LaHaye and Jerry B. Jenkins, Dave and Jan Dravecky, H. Norman Wright, and Josh McDowell among others. Justin ministered in music at "Ground Zero" in New York City after the tragedies of 911 to thousands that were grieving. Justin will be performing and speaking in April 2005 to our US Military Troops at Ramstein Air Force Base in Germany. His music has been described as soothing and refreshing. A concert and performance by Justin can be described as intimate and inspiring. His speaking engagements can be described as

powerful and life changing. Some have called Justin "The David of the 21st Century" and others have called him "The Christian Yanni". Justin began writing music at the age of six and today has produced eight CDs and one video that continue to impact lives around the world. His video is entitled "Peace" and his CD recordings are "Quiet Times", "Rest", "A Grand Christmas", "It Is Well", "Piano Therapy", "Try To Remember", "Soothe", and the newest CD is entitled "Time With You". His newest CD combines spoken prayer and scripture with his instrumental music in the background to create a literal quiet time to lead the listener into a deeper relationship and walk with God. Justin's other seven music CDs consist of a blend of beautiful, peaceful soft piano music with an orchestra background. His new book to be released in 2005 is entitled "Capturing The Heart of God". It will lead the reader on an inspiring journey from brokenness to intimacy and wholeness with God. Justin began performing music professionally by playing in fine restaurants and large bookstores, and teaching piano in a music school. Today he performs and speaks nationally on television and radio, at schools to students and teachers, and at many different churches and national conferences reaching thousands of people. He is sought after as a motivational speaker and pianist. Justin has been on major television stations around the country. Some of the programs he has been on are CBS, ABC, NBC, TBN, LESEA Broadcasting Network, Daystar Television, Atlanta Live Program, Babbie Mason's Program, and Time For Hope Program. His music is used in public schools as a music therapy tool. He speaks to teachers on the power and affects of music on learning and behavior. He performs and speaks to students of all ages in school assemblies. He talks to students about character, integrity, discipline, and having dreams and setting goals. His mission is to get his music into every classroom in America. His music has been also been recognized as a music therapy tool by organizations around the country. Some of these organizations are: American Association of Christian Counselors (AACC), American Counseling Association (ACA), National Middle School Association (NMSA), Oklahoma Childcare Association (OCA), Oklahoma Education Association (OEA), Laureate Psychiatric Hospital and Clinic, Baptist Retirement Centers of Oklahoma, as well as by many public and Christian schools, hospitals, doctors, and counselors. He and his wife, Charla, are the founders of The David Project, Inc. a 501 (c) 3 non-profit corporation. In Justin's third grade yearbook, he was asked what he wanted to be when he grew up. He said his dream was to be a minister. Through instrumental music, Justin will lead you through the green pastures and beside the still waters as he leads you into the presence of God. Behind the music of Justin Knight is the powerful speaking and teaching ministry that

comes from the word of God and is inspired by an intimate relationship with God through His Son Jesus Christ. Justin is living his dream as a minister and is following his hero Jesus Christ. ENDORSEMENTS

"Justin Knight's music is soothing and inspired. I play it almost exclusively in my home office and car. I am grateful that God has raised up Justin to minister through music to those who are broken by the harshness of life. I have given his CDs as gifts to many people. I am honored to endorse the ministry and music of Justin K. Knight." - Ruth Graham, Author and Speaker

"We absolutely love the music ministry of Justin Knight! His CD's are playing constantly in our home. His heart and his love for the Lord flows through his music and brings peace and joy to those who listen." - Dave Jan Dravecky, Author and Speaker

"Justin Knight has a definite gift in his expression through music to promote rest for the weary soul, peace for the troubled heart, and a time of blessed quietness in a hectic environment. His music causes one to be still and draw close to God. It is a pleasure to recommend the music and ministry of Justin K. Knight." - Dr. Tim LaHaye, Noted Author of Bestselling "Left Behind" series, Minister, and Nationally Recognized Speaker on Bible Prophecy

"It has been a privilege to become acquainted with the ministry of Justin Knight at a recent National Convention. In listening to his music for hours, I have discovered how valuable and beneficial his resources are. I am recommending his ministry to as many groups as possible for what he has to offer is unique, worshipful, and therapeutic. We need Justin's type of music and ministry in as many places as possible." - H. Norman Wright, Marriage and Family Therapist, Professor, Talbot Seminary Graduate Department and Author

"Every time I listen to your music, I am blessed tremendously! You are a very gifted man of God! Just this morning I listened to Piano Therapy three times as I was writing my new book! Thanks again for your blessing that your music has been in my life. Keep up the wonderfully anointed piano playing! You are amazing." - John Bevere, Author and Speaker

"Justin K. Knight performed at our 2001 World Conference in Nashville, Tennessee. His performance during our sessions and in the exhibit hall was breathtaking and inspiring for all that attended our conference. His Christ centered music therapy is a much needed ministry in our world today. It is a privilege to recommend the instrumental music of Justin K. Knight, not only for concerts and conferences, but also for counseling services for any organization. His music ministers to the mind, body, and soul at the same time leading you into the presence of God." - Dr. Tim Clinton, President of American Association of Christian Counselors

"Your ability to provide soothing piano music was part of the healing that made up our mission to the many uniformed personnel that served in the recovery of our families and

New York Hero's lost from 9/11. I have had many contacts made thanking The Salvation Army for bringing you to that location at "Ground Zero". I should thank you, since it was you who opened the door for such an experience to happen. It is my sincere desire that you consider making a CD recording that would act as hope for those who grieve. Not only for those in New York but for those who suffer and grieve around the country. Your gift to us continues on." - George Polarek, Major, The Salvation Army Divisional Secretary for Social Services and WTC Incident Commander "I highly recommend to you the music of Justin K. Knight. I became acquainted with the pianist and recording artist at our state education conference where he performed. I have found his instrumental music CD recordings to be soothing, heart warming, and life changing. I later discovered that his music is being used as a music therapy resource in public schools to help with learning, testing, memory retention, ADD/ADHD, depression, anxiety, and many other areas we face in public education. He also visits schools free of charge to educate teachers on how music affects us, and encourages children through music assemblies. I believe that Justin's music is a needed resource in every classroom in America. His music creates an atmosphere that improves learning, reduces stress, and impacts lives of children and teachers in a positive way." - Sandy Garrett, State Superintendent of Public Instruction, State of Oklahoma "Justin's music provides a soothing and relaxed atmosphere with adults as well as children. OCCA highly recommends Justin Knight and his music. His music is used during our professional development classes and is recommended to use when dealing with children regarding anxiety, depression, and anger. In our Directors Advanced Training and our Brain Smart Management courses, Justin's music is used to help directors and teachers learn to cope with anxiety, depression, and anger. We have seen first hand the benefit cognitively, emotionally, physically, and psychologically. I believe Justin's music is a needed resource in every childcare center around the nation. The atmosphere his music creates is very enlightening and encouraging." - Beverly J. Wells, President, Oklahoma Child Care Association "In the scriptures, King Saul would call David to play the harp to soothe him when he was troubled. Certainly, you are the David of the twentieth century." - Nick Garland, Senior Pastor, First Baptist Church, Broken Arrow, Oklahoma "Justin has shared his heart and music with our patients. His ability to relate to hurting people combined with his unique musical style has been extremely therapeutic. I continue to use Justin's music with my clients, especially those who struggle with anxiety and depression." - Timothy K. Peterson, Director of Rapha at Laureate Psychiatric Clinic and Hospital, Tulsa, Oklahoma "I have been exposed to the music and the message behind the

music of Justin K. Knight. I find his music to be uplifting and inspiring. As someone who speaks to thousands of people each year to deliver a message of hope and encouragement, I know that Justin's message is sorely needed across the country and around the world. I would encourage anyone to get behind this effort and be a part of Justin's mission to make a real difference in the lives of people everywhere." - Jim Stovall, President of Narrative Television Network "Justin Knight's "Piano Therapy," The Feel Good Album of the Year." - Tulsa World Newspaper, Oklahoma "As I listened to the instrumental music of pianist and composer Justin K. Knight, I found his warm tones and soft touch on the piano keys promote therapy not only physiologically, but also psychologically. I recommend his music to patients who have problems sleeping, managing chronic pain, anxiety, stress related elevated blood pressure, and depression." - Candy Ting, D.O., St. John Medical Center, Tulsa, Oklahoma "As a board certified music therapist, I have used Justin Knight's music with my clients. The music of Justin K. Knight has a soothing and healing effect on the listener." - Teresa Burnett, MSW, MT-BC, Family Resource Group of Eastern Oklahoma, Inc.

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