

# The Functional Nutrition Cookbook: Addressing Biochemical Imbalances Through Diet - , Christine Bailey

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This unique cookbook for food and health professionals looks beyond intervening in the symptoms of health problems and addresses the ways in which diet can be used to help correct underlying imbalances in the body. It also comes with an easy-to-use CD-Rom of printable recipes that can be used by practitioners to provide extra support for clients. Author: Nicolle, Lorraine Author: Bailey, Christine Publisher: Singing Dragon Illustration: N Language: ENG Title: The Functional Nutrition Cookbook: Addressing Biochemical Imbalances through Diet Pages: 00256 (Encrypted PDF) On Sale: 2012-09-15 SKU-13/ISBN: 9781848190795 Category: Cooking : Health & Healing - General Category: Health & Fitness : Nutrition

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